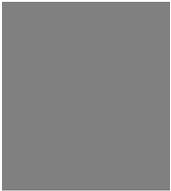




P.O. Box 821
Elizabethtown, KY 42702
Serving neighbors in your community



NOTES ON HUNGER

FALL 2025

IT'S TIME TO...
SCARE AWAY HUNGER!

WANT TO MAKE SURE THAT THE BIGGEST SCARES OF THE SEASON COME FROM LITTLE GHOSTS AND GOBLINS, *NOT* A LACK OF HEALTHY, NUTRITIOUS FOOD?

CONTINUE THE FIGHT AGAINST HUNGER BY SCANNING THE QR CODE BELOW:





FOOD FOR THOUGHT

CHARLES DENNIS
EXECUTIVE DIRECTOR

Cooler evenings, pumpkin spice lattes, and Friday night lights bring nostalgia for many of us. There is just something in the autumn air that floods your memories and makes you a tad sentimental.

While the moments are farther back than I'd like to admit, this season often reminds me of my childhood—especially my anticipation for Thanksgiving. From the aromas wafting from the kitchen to witnessing the expertise of my grandfather carving the turkey, it was sure to be a day surrounded by family and food that warmed the heart.

Community and food — two principles that make the foundation of our work at Feeding America, Kentucky's Heartland. From the support of our friends and family to the necessity of a nourishing meal, we need both — whether it is a family worried about a monthly budget or a regional food bank serving a quarter of a million Kentuckians. We need food to survive and community to thrive.

The need for community and nutritious meals are more important than ever—and we as a food bank are tackling the growing need head-on. With your help, we're expanding our services, growing our network, and providing more food to our neighbors across our 42-county region. But we can't do this alone. We hope you join our team as we fight to strengthen Kentucky's Heartland — together.

OUR FIGHT AGAINST HUNGER IN KENTUCKY'S HEARTLAND

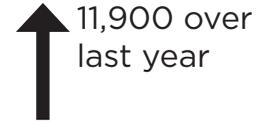
The Need

In Our Service Area/Region:

188,170 Neighbors Face Hunger



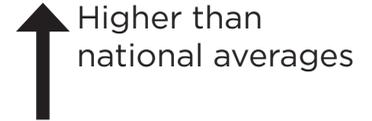
1 in 6
Neighbors



1 in 4
Kids



1 in 8 Seniors
#6 Highest State



The Impact

42 counties through 243 agency partners

In FY 2025, we distributed:

20,494,706 pounds
= **256** filled semi-trucks!



17,078,921 meals
= three meals a day for **every** Bardstown resident for a **whole** year!

= **\$34,859,404.36** value investment

Learn more ABOUT
HUNGER IN YOUR REGION



Meet the officers of FAKH's Board of Directors



Laura Hagan
Chair



Shannon Clark
Vice



Philip Logsdon
Treasurer



Martha Steil
Secretary

Summer Meals Success

1 in 4 kids in our region rely on schools for food but when school's out for summer— so are those meals. That means families that are already stretching their budgets face even more challenges in June and July.

This is all too true for guardians like Alberta, who takes care of three great grandchildren in her home in Green County, Kentucky. When reflecting on recent grocery shopping trips, she said, "I mean, you used to take \$20 and have two or three bags, but now you get one or two items, and it's really hard."

Until this summer, Casey County and Green County did not have a program to help feed kids while they were on summer break. Feeding America, Kentucky's Heartland worked with organizers in both counties to meet the need. Through agency partners, **we distributed more than 4,600 meals** through weekly boxes containing shelf-stable, easy-to-prepare food. Rebecca Pruitt helped coordinate the program at the Green County Public Library and explained, "while the parents are at work, we don't want any of the children at home without something that they're able to eat."

With the success of providing these meals, FAKH plans to expand the program next summer to provide neighbors more than nutrition— but also peace of mind.



FEEDING AMERICA™
Kentucky's Heartland

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hfg HOUCHENS FOOD GROUP

PASTA BOWL
FEEDING AMERICA™
Kentucky's Heartland

2025 CHAMPIONS

MACARONI

MACARONI RAVIOLI

Get Ready, Bowling Green!

As part of our mission to combat hunger in central and western Kentucky, we recently announced our plans to **open an additional distribution center** in 'Vette City!

Funded, in part, by a grant from Walmart, the new facility will expand partnerships with local retailers where Feeding America, Kentucky's Heartland already rescues food that doesn't meet retail standards but is still safe to eat and distributes it to neighbors facing hunger. This will enable us to provide more fresh food more frequently across our 42-county region.

"This new facility isn't just about more space," said Laura Hagan, FAKH board chair. "It's about providing more meals, more hope, and more opportunities to stand alongside our neighbors who need help."

In fiscal year 2025, we rescued **5.4 million pounds** of food that was then redistributed to neighbors through our network of agency partners. With this additional distribution center, we're excited to break that record!

We marked the expansion as part of our **Hunger Action Day** event in September. We featured updated numbers in the fight against hunger as well as steps we're taking with area leaders and businesses.

We hope you're as excited as we are, Bowling Green! Food is the heart of all we do and community is the heart of who we are. We're excited to be your newest neighbor & grateful for the opportunity to help more neighbors thrive!



2025 HUNGER ACTION DAY

