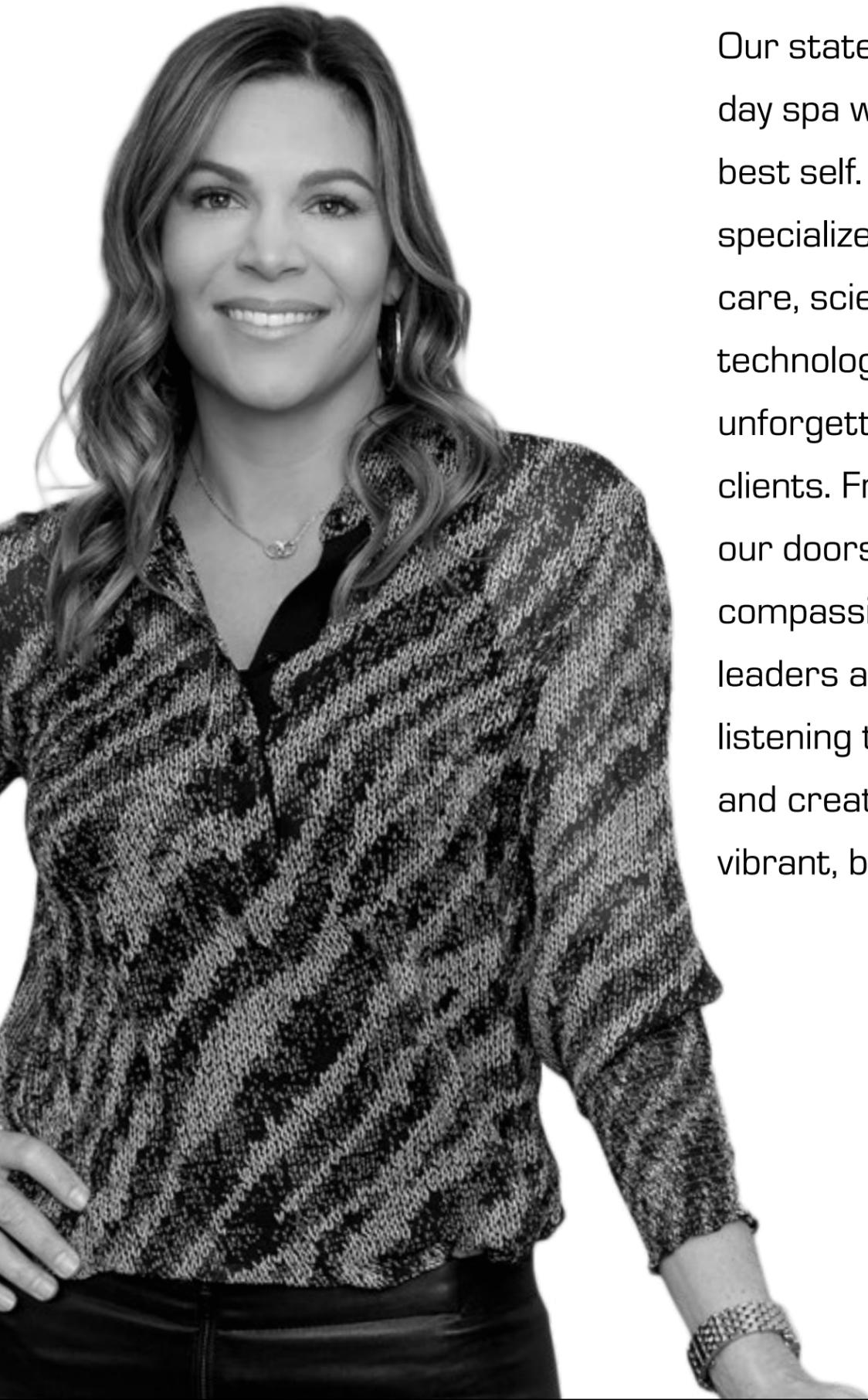


REVIVAL RN

Cosmetic Injectables | Anti-aging | Wellness | Spa



Our state-of-the-art medical and rejuvenating day spa was created to help you uncover your best self. Here we combine advanced and specialized facial aesthetics, medical-grade skin care, science, art, beauty, wellness and proven technology and treatments to deliver the most unforgettable experience and results for our clients. From the moment you walk through our doors, you will be met with sincerity and compassion. Our team of highly trained industry leaders and influencers are committed to listening to and understanding your goals and creating a treatment plan to achieve the vibrant, beautiful new you that you desire.

*Erin*

**Erin Jedrusik, RN**

Owner, Aesthetic Injector

WELCOME TO REVIVAL RN

Where beauty meets science, art & wellness

## Services - Click to Explore

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Sept 2024

Monday, Tuesday & Thursday 9 a.m. – 6 p.m.

Wednesday 11 a.m. – 7 p.m.

Friday 9 a.m. – 5 p.m.

Saturday 9 a.m. – 12 p.m.

IV Therapy available 7 days a week by appointment.

**Call or text for an appointment - 248-826-7636**

Men's and Women's locker rooms and showers available.

# ABOUT ERIN

Erin Jedrusik, RN, is a Master Trained Aesthetic Injector and Owner of Revival RN.

Erin's background in medicine is rooted in 21 years of experience in nursing, specializing in the demanding disciplines of emergency medicine and pediatric critical care. In 2013 she discovered her true passion – helping clients enhance their natural beauty and live their best lives. Erin has trained under a long list of the world's most renowned plastic surgeons and doctors, including Dr. Simon Ourian, known for his work with the Kardashians and other celebrities.

In 2019 Revival RN expanded to its current location and became a full-service wellness spa. Today, Erin is recognized as a leading expert in aesthetic injectables and is also a sought-after instructor teaching nurses and doctors her advanced techniques. Cosmetic injecting is both a science and an art. Erin has spent her career studying facial anatomy, procedural safety and the most advanced techniques. However, it's her artistic eye – her ability to create beautiful facial aesthetics – that makes her talent so unique.

When you visit Revival RN, you will immediately notice Erin's very personal, consultative approach. She believes in building relationships and educating each client on their Revival RN treatment options to give them real confidence in every recommendation.

## **ERIN HAS TRAINED WITH RENOWNED COSMETIC INDUSTRY LEADERS:**

---

Dr. Simon Ourian

Dr. Deb Sherman

Dr. Kay Durairaj

Dr. Mauricio de Mayo

Dr. Sheila Nazarian

Dr. Shino Bay Aguilera

Dr. Arthur Swift

Dr. Anil Rajani

Dr. Steven Fagien

Dr. Kent Remington

Dr. Steven Weiner

Dr. Charles Boyd

Dr. Steve Yoelin

Professor Sebastian Cotofana

Dr. Justin Harper

Dr. Chris Surek

# COSMETIC INJECTABLES

## BOTOX

If you want to do away with crow's feet, horizontal forehead lines, fine lines or frown lines between the eyebrows, cosmetic neuromodulators, like Botox, provide the perfect solution. These dynamic wrinkles appear as your muscles move. These treatments are injected into the muscle and reduce the wrinkles by relaxing the muscle movement. Additionally, neuromodulators can be used for health concerns, including bruxism (grinding/clenching of the teeth) and hyperhidrosis (excessive sweating).

**At Revival RN, we provide the highest quality cosmetic and aesthetic injectables, including: Botox, Xeomin and Dysport.**

# COSMETIC INJECTABLES

## BOTOX

### **Forehead Lines**

Say goodbye to those horizontal forehead lines! A youthful and vibrant look is waiting for you. Typically recommended as an adjunct to treatment of frown lines.

### **Frown Lines**

Scowl lines are those deep lines that develop when you furrow your eyebrows. Let's get rid of those bad boys and create a smooth, bright and refreshing look in just 15 minutes.

### **Bunny Lines**

If you are one of those people who scrunches their nose, chances are you'll develop "bunny lines." Our team can fade those away and give you a natural, beautiful result.

### **Brow Lift**

Do people think you look a little sleepy? Brighten up those tired eyes and wake up a beautiful new you.

### **Crow's Feet**

Crow's feet, those pesky lines that shoot out from the corners of the eyes. We can lift them up and make them fly away with a few units of injectables.

### **Lip Lines / Lip Flip**

Get rid of fine lines that surround your beautiful smile with our Lip Flip. By injecting directly into the lip line, we can give your lips the fuller, plumper look you desire.

### **Dimpled Chin**

If you have a dimpled or "orange peel" look to your chin, we can rewind time and give you a smooth, relaxed and younger-looking result.

### **Platysmal Bands & Necklace Lines (Tech-Neck)**

This occurs as the platysma muscles that run down your neck become more pronounced. With a treatment of injectables, we can dull these lines and give you a gorgeously smooth neck.

### **Hyperhidrosis (Excessive Sweating)**

If you suffer from excessive sweating we can help. Our injectables have been FDA-approved to help manage excessive perspiration in areas like the underarms.

### **Bruxism (Grinding/Clenching) & Jawline Slimming**

By relaxing the masseter muscle, we can treat the unpleasant symptoms associated with grinding/clenching your teeth. This treatment can also be used to slim your jawline.

# COSMETIC INJECTABLES

## BOTOX

### **Nefertiti Lift**

Reverse the signs of aging along your lower face, jaw and neck. This procedure targets the platysma muscles that run down your neck. With a treatment of injectables, our Nefertiti Lift can help restore a youthful look without surgery.

### **Gummy Smile**

Sometimes a person's smile can show too much of their upper gum line. With a treatment of injectables, we can reduce the prominence of your gums when you smile.

### **Non-surgical Rhinoplasty**

Injectables can be used to make contour changes to the nose, such as lifting the tip of a downward-turned nose or reducing nasal flaring.

### **Resting Bitch Face**

Do you always look unhappy? The DAO muscle runs from each corner of your mouth and allows our mouth to frown. Some people carry around tension and get into the habit of frowning. Relaxing the DAO with injectables can reduce the frowning expression.

# COSMETIC INJECTABLES DERMAL FILLERS



Fillers can work magic on wrinkles and low-volume areas seen when the skin is at rest. They can add volume to various areas of the face to lift, smooth and plump. Results are youthful, natural and long lasting. Our exceptional team of Master Trained Cosmetic Injectors utilize fillers to do away with wrinkles, plump lips and supplement volume loss.

At Revival RN, we provide the highest quality cosmetic and aesthetic injectables, including Juvéderm, Restylane, Radiesse, Belotero, Sculptra and Kybella.

# COSMETIC INJECTABLES DERMAL FILLERS

## **Cheek Filler**

Let's lift and contour your cheeks and reduce laugh lines to bring back the youthful look you desire.

## **Under-Eye Filler**

This advanced procedure helps to treat hollowing under the eyes, which can make you look run-down and tired. With a filler treatment you will appear beautifully refreshed. This treatment is often combined with cheek filler.

## **Lip Plump**

It's inevitable: we lose volume in our lips over the years, which can make us look older. Prepare for stunning results. Whether you are looking for something subtle or a plumper look, our team will prepare the perfect custom solution based on your goals. With filler we can instantly hydrate the lips and soften lines to give you the youthful appearance you desire.

## **Chin Augmentation**

As we age we lose some soft tissue. It's a fact. What can we do? We can fight back with fillers, that's what. Let us bring you shape and definition that will balance your profile.

## **Jawline Filler/Augmentation**

A sculpted jawline is desirable for both men and women alike. Add some definition to your face with a little filler!

## **Lower Face Filler**

Filler is used to rejuvenate the lower face, fill in fine lines around the mouth and up-turn the corners of the mouth as needed. This is a completely custom treatment based on your needs and desires.

## **Smile/Laugh Line Filler**

Filler is used to soften the appearance of the nasolabial folds (smile/laugh lines). Often, cheek (midface) filler is needed to help lift and take the weight off of the nasolabial folds – see Cheek Filler option.

## **Nose Augmentation/Contour**

Our Master Trained Cosmetic Injectors can utilize filler to make contour changes to the nose during this advanced procedure. These would consist of minor changes, including smoothing out a hump, turning up the tip of the nose, etc. This treatment can be combined with Botox.

## **Hand Filler**

Are you hiding your hands? We can use filler to restore volume to the tops of your hands and bring back a youthful look as well as your confidence.

# COSMETIC INJECTABLES DERMAL FILLERS

## **Tech-Neck Filler**

Technology is great, but these lines across our necks we get from constantly looking down at our screens have to go. Thankfully, we can use filler (and Botox) to smooth them away.

## **Temple Filler**

A hollowing of the temples is a natural part of the aging process. Filler treatment is very effective to revolumize and restore your temples.

## **Earlobe Filler**

Filler can be used to rejuvenate deflated earlobes, increasing their volume and making the ear stronger and younger-looking as a result.

## **Scar Revision**

Depressed scars can often be treated with dermal fillers. These injectables can add volume for a smoother, more even appearance.

## **Sclerotherapy**

Sclerotherapy can be used to treat uncomplicated spider veins and small varicose veins, giving you confidence to show off your legs again.

# COLLAGEN STIMULATORS SCULPTRA & HYPERDILUTE Radiesse

## **Décolletage**

Eliminate wrinkles in the areas of the neck and chest. Injections stimulate the body's own production of collagen and help to strengthen the skin.

## **Body Skin Tightening**

Collagen stimulators are designed to induce an inflammatory response and help stimulate collagen. This new collagen growth occurs gradually and eventually replaces the filler, improving skin texture and tone.

## **Cellulite Treatment**

Collagen stimulators are strategically injected into areas (typically the legs) to diminish the appearance of cellulite, leaving behind a smooth and firmer appearance. A series of 3-4 sessions is recommended. Results last 2-3 years.

## **Butt Augmentation**

By stimulating collagen growth, we can help your body to create volume in a desired area. Get the beautiful booty that you desire with a spectacular "booty lift."

# COSMETIC INJECTABLES

# SKINVIVE

SKINVIVE™ by JUVÉDERM® helps the skin retain its natural moisture and softness leading to an improvement in the skin smoothness of the cheeks.



In clinical studies, patients who were treated with SKINVIVE™ by JUVÉDERM® also reported high satisfaction with how glowing, hydrated, refreshed, and healthy their skin looked through 6 months.

## **Hydrated skin is key to healthy skin**

Hyaluronic acid increases your skin's natural hydrating ability to retain moisture and softness. SKINVIVE™ by JUVÉDERM®, a modified hyaluronic acid gel formula, helps the skin retain its natural moisture and softness leading to an improvement in the skin smoothness of the cheeks.

## **Replenishes hyaluronic acid**

Hyaluronic acid, a water-attracting molecule found in your skin, naturally decreases with age and sun exposure. SKINVIVE™ by JUVÉDERM® microdroplets of hyaluronic acid help address the effects, such as texture changes and dullness.

## **Hydrates from within**

SKINVIVE™ by JUVÉDERM® boosts your skin's internal hydration for more glowing skin. SKINVIVE™ by JUVÉDERM® works within your skin. This is in addition to your personal topical skin care routine that protects the skin barrier.



## Introducing NOVATHREADS

NOVATHREADS are fully absorbable and can fill wrinkles, build collagen, and lift the skin.

### **No Cuts or Incisions Purely Injections!**

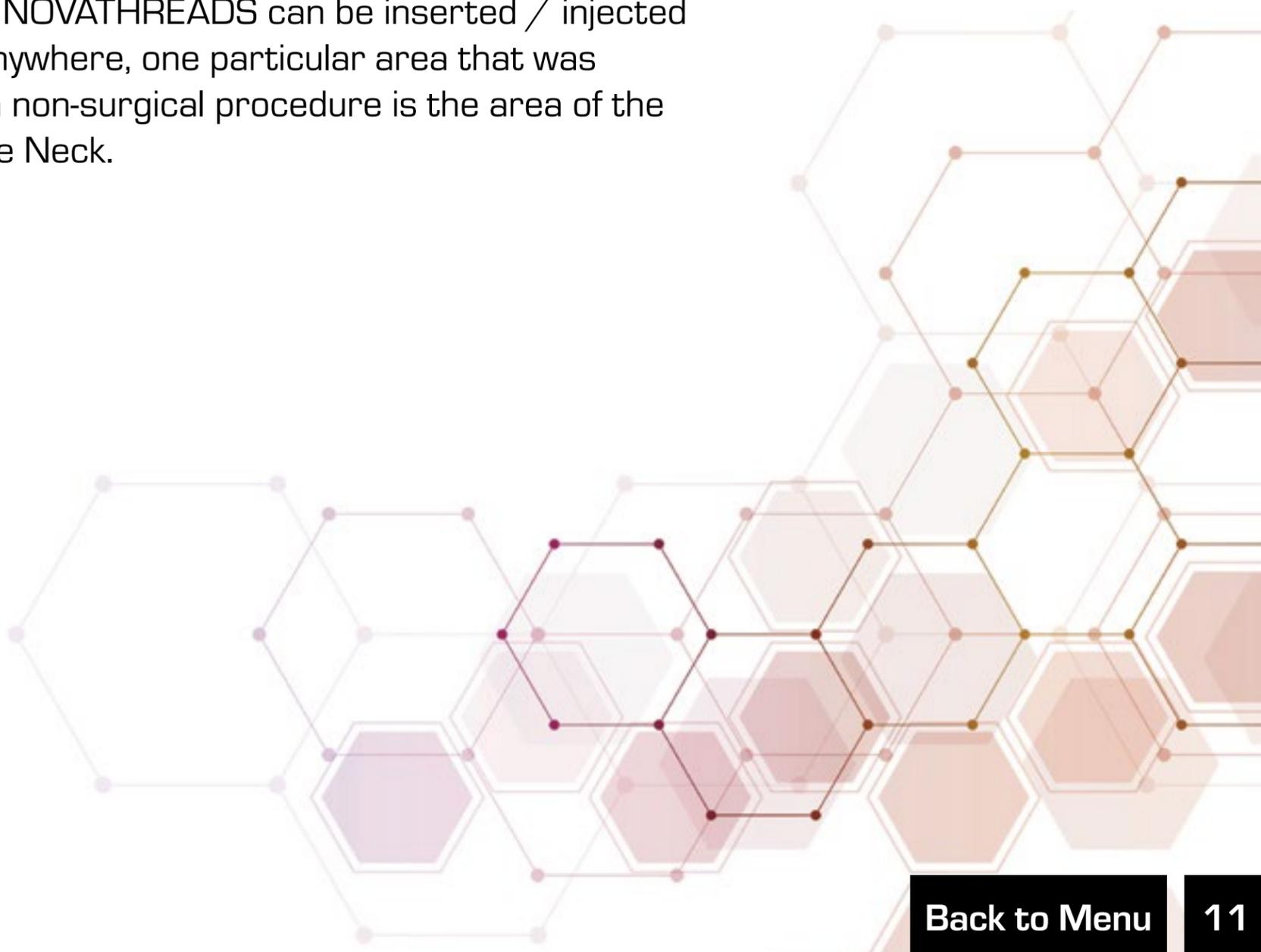
NOVATHREADS are needles that are pre-loaded with a PDO thread. Simply insert the whole needle in the interstitial tissue at subdermal level, parallel to the surface of the skin & pull the needle out. The PDO thread remains under the skin.

### **Meshing & Lifting**

A beautiful and healthy face has a “V-shape”. With the aging of tissues and the action of gravity, this “V-shape” gets lost. The idea behind the Nova-Mesh and the Nova-Lift technique is to either create a scaffolding in order to support the tissues and keep them in the “V-shape”, or where necessary, to delicately Lift the tissues and reposition the skin to recreate the “V-shape” where it’s been lost.

### **Neck and Jaw**

Although NOVATHREADS can be inserted / injected almost anywhere, one particular area that was missing a non-surgical procedure is the area of the Jaw & the Neck.



# COSMETIC INJECTABLES

## KYBELLA



Kybella is a non-surgical procedure that mimics the body's natural fat-absorption process, so you can skip the liposuction. The injection contains a man-made form of deoxycholic acid, a naturally occurring material that helps the body absorb fat. Treatment with Kybella is fast, requires little downtime and destroys fat cells permanently.

# COSMETIC INJECTABLES

## KYBELLA

### **Double Chin**

Double the chins, double the self-consciousness. Sometimes they're an inevitable trait passed down through family. Sometimes they're the last thing to go after dieting and getting toned. Kybella is injected under the chin to permanently destroy fat cells and get rid of your double chin for good!

### **Jowls**

Jowls are composed of descending skin containing descending fat. This fat can be eliminated safely and effectively with Kybella injections. With this advanced treatment, we can permanently destroy fat cells so you can say goodbye to your jowls for good!

### **Bra Fat**

Bra bulge can make you feel self-conscious because it's often visible in swimsuits, tank tops and even undershirts. Thankfully, Kybella injections can eliminate excess fat and boost your self-image.

### **Inner Thighs**

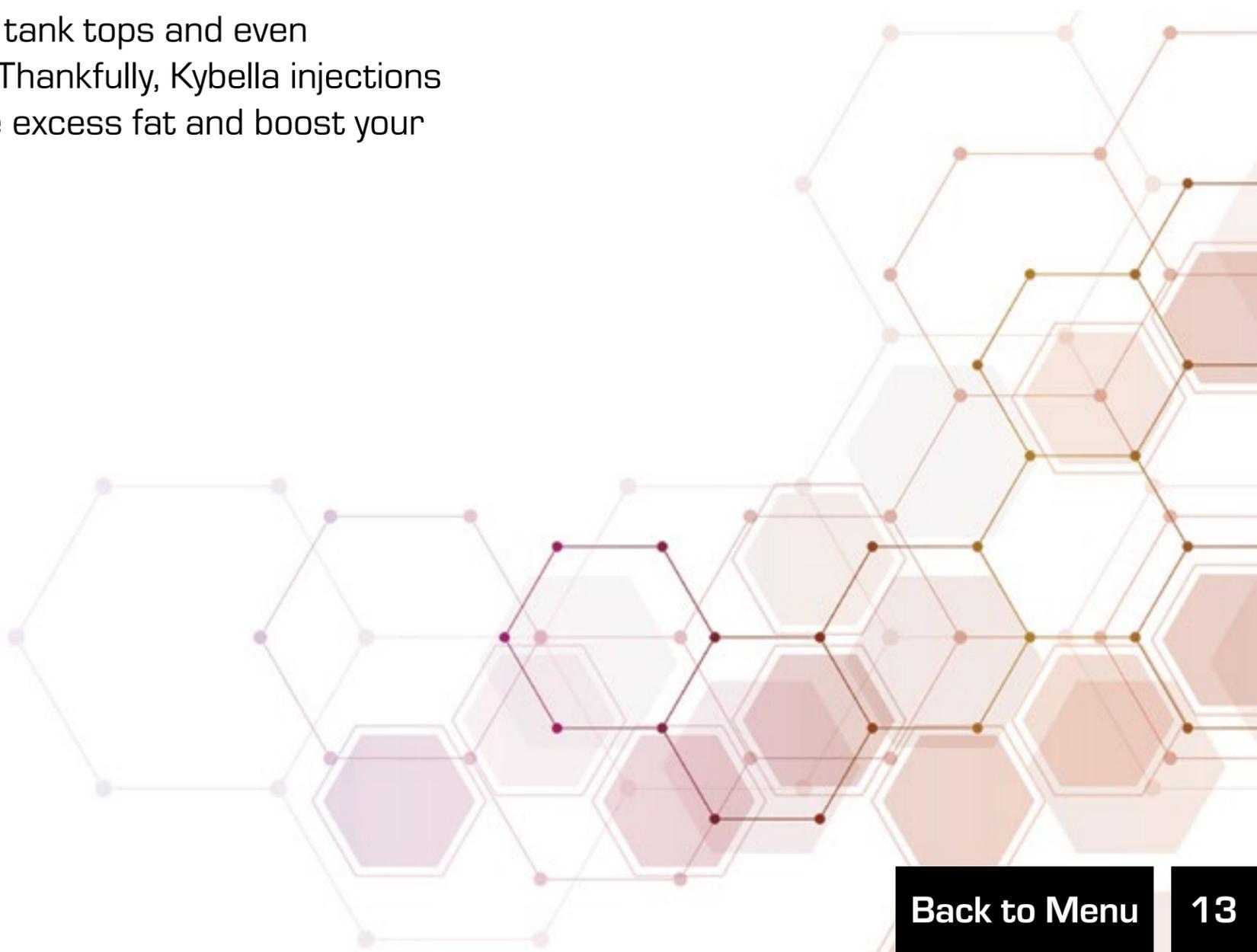
Kybella can also be utilized for the purpose of fine body contouring such as removal of stubborn fat from the thigh area. Get a consultation today for slimmer, stunning and permanent results.

### **Lipoma**

A lipoma is a slow-growing, fatty lump that's most often situated between your skin and the underlying muscle layer. Kybella injections can be used as a non-surgical treatment.

### **Body Contouring**

Our Aesthetic Injectors have specialized training in advanced body sculpting techniques that allow them to utilize Kybella almost anywhere, including lower abdomens, flanks, above the knees, ankles and more.



# COSMETIC INJECTABLES

## AQUAGOLD FINE TOUCH FACIAL

Achieve clinical luxury with revolutionary microchannel technology! (Think microneedling with Botox and filler.) This painless treatment infuses customized skin cocktails of Botox and fillers through 20 microscopic needles made of 24K gold. Each of the hollow needles is smaller in diameter than a strand of hair, allowing the cocktail to penetrate the skin's surface.

This exclusive Revival RN cocktail of hyaluronic acid fillers, Botox and sterile vitamin complexes helps to reduce pore size, even out skin tone, minimize fine lines and improve acne scarring. Its myriad of benefits includes the under-eye area, pores on the nose and horizontal neck lines.

Additionally, it can improve acne as the Botox reduces oil and sweat production. At the same time, the infusion of dermal fillers increases the hydration to your skin. There is zero downtime with this treatment.



# PRP (PLATELET-RICH PLASMA)



Plasma is the liquid portion of our blood. Other than plasma, our blood contains red cells, white cells and platelets. Platelets hold hundreds of proteins called growth factors that help our bodies heal. Platelet-rich plasma has a higher concentration of platelets, and therefore more growth factors. With PRP therapy we utilize your own blood to stimulate healing and growth in specific problem areas.

# PRP (PLATELET-RICH PLASMA)

## **PRP Hair Restoration**

This procedure helps with the common form of hair loss, androgenic alopecia (male and female patterned baldness), which is caused by hormonal and genetic factors. More studies are emerging about PRP being helpful for alopecia areata, an immune system attack against hair follicles that can cause clumps of hair to fall out. Call for a free consultation with our clinical experts to find out if this procedure is right for you.

## **PRP Eye Rejuvenation**

PRP is an excellent, all-natural treatment to rejuvenate the tissue underneath the eyes. The PRP stimulates the production of collagen and elastin that tightens your skin, giving you a smoother, brighter, youthful appearance.

## **Microneedling with PRP**

With this treatment, PRP is microneedled to stimulate collagen to tighten the skin and improve texture. It can also help to reduce lines and wrinkles and scarring from injuries.

# IV VITAMIN THERAPY

Most people don't consume the proper daily dose of vitamins and minerals and, as a result, are low on energy, suffer from frequent headaches, have difficulty concentrating and have a low-functioning immune system that makes them more susceptible to seasonal allergies, colds and the flu. Nutrient therapy is a safe and effective way to receive natural vitamins, minerals and amino acids direct to the bloodstream.

## **Some of the benefits of Vitamin Therapy:**

- *Increases metabolism to help burn fat*
- *Eliminates toxins from your system so you look and feel younger*
- *Improves overall mood so you are more productive during your workday*
- *Keeps your immune system strong and healthy*
- *Reduces the visible signs of aging*
- *Rehydrates skin after sun exposure to avoid wrinkles*
- *Improves your body's ability to withstand stress and intense levels of work or travel*

# IV VITAMIN THERAPY

## **IV Vitamin Therapy (Myers' Cocktail)**

*\$200*

The "Myers' Cocktail," which consists of magnesium, calcium, vitamin C, B vitamins and glutathione, rejuvenates as well as helps with migraines and other disorders.

## **IV Rehydration Therapy**

*\$100*

This sterile solution is made from a mixture of sodium chloride, water, B vitamins and electrolytes, designed to restore your body's lost fluids quickly.

## **IV Vitamin C Therapy**

*\$200*

Includes numerous minerals and vitamins that help support the immune system, fight infection, reduce inflammation and improve fatigue. High-dose vitamin C therapy has also been used to treat certain cancerous conditions improving quality of life.

## **Glutathione Injections**

*\$50, Package of 5 \$200*

A super antioxidant that helps with cell repair, aging, stress, and toxin exposure.

## **NAD+ Injections**

*\$75, Package of 5 \$300*

: Improves mental clarity, alertness, concentration, memory, mitochondrial function, antiaging, and neurodegenerative issues. Breaks down fats to provide energy.

## **B12 Injections**

*\$20, Package of 5 \$80*

Increase your energy levels and fight fatigue. B12 improves your metabolism, helps improve sleeping patterns, increases concentration and mood, and boosts your immune system.

## **Vitamin C Injections**

*\$30, Package of 5 \$120*

Boost your immune system with vitamin C injections. This injection gives you the greatest health benefit by establishing a concentration of this essential nutrient into your body.

## **Vitamin D Injections**

*\$30, Package of 5 \$120*

Promotes healthy bones and helps increase the absorption of calcium and phosphorus.

## **Biotin Injections**

*\$30, Package of 5 \$120*

Helps with hair loss and brittle nails.

# MEDICAL SPA TREATMENTS

Medical spa treatments blend medical technology with traditional relaxation to create a unique experience that rejuvenates your skin while easing your mind at the same time.



# MEDICAL SPA TREATMENTS

## ZO 3-Step Medium-Depth Peel

*\$375*

An innovative, in-office treatment peel targeting melasma, acne, fine lines, rough texture, large pores and dullness, followed by an at-home treatment that produces longer-lasting results than ordinary peels. Expect 3 to 5 days of heavy shedding of the skin.

## Microneedling

*Package of four \$1000*

*Single Treatment \$370*

Innovative and effective, **Eclipse MicroPen EVO** activates cellular regeneration to help tighten and lift skin, while minimizing common skin problems. Exceptional treatment for fine lines, wrinkles, enlarged pores, acne scars, surgical scars, stretch marks, tone and texture irregularities as well as laxity in skin.

## Microneedling with PRP

*Package of three \$1500*

*Single Treatment \$575*

PRP is platelet-rich plasma. With this treatment PRP is microneedled to stimulate collagen to tighten the skin and improve texture. It can also help to reduce lines and wrinkles and scarring from injuries, stretch marks or surgical procedures.

## DiamondGlow

*1 Session \$200*

*3 Sessions \$525*

*6 Sessions \$900*

DiamondGlow® is more than a facial. Unlike traditional wet facial treatments, which rely on chemical exfoliation to treat skin at surface level, DiamondGlow's® patented recessed diamond tip wand delivers a next-level resurfacing treatment that deeply cleans and rejuvenates the skin. Exfoliate, extract, infuse!



# MEDICAL SPA TREATMENTS

## LightSheer by Lumenis

SAFE & EFFECTIVE LASER HAIR REMOVAL

Make LightSheer your choice for peace of mind, comfort and long-lasting results.

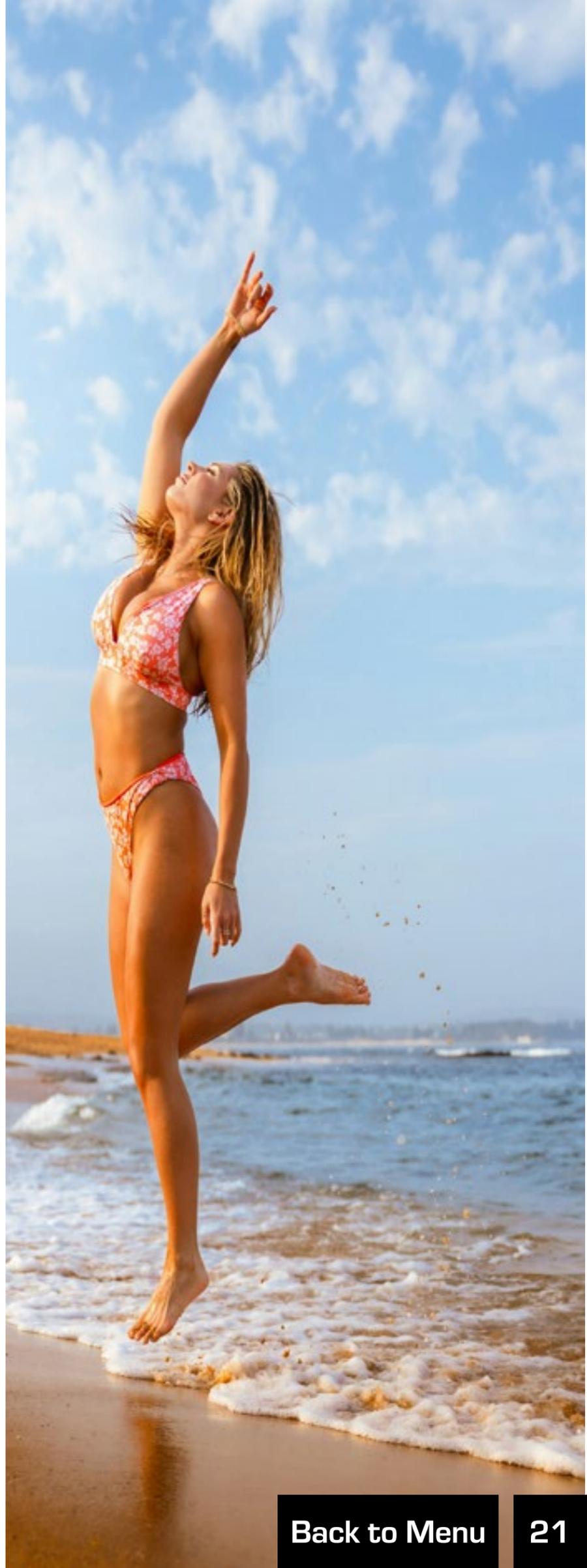
LightSheer is a clinically-proven diode laser treatment featuring two unique technologies. Feel confident, knowing that with LightSheer you will enjoy long-lasting results and feel happier in front of the mirror, in front of others and in yourself.

LightSheer is generally suitable for all skin tones and for most body areas and types of hair. LightSheer clients report high levels of satisfaction and long-term effectiveness following the laser hair removal process.

### LightSheer Hair Removal Packages

6 hair removal sessions are included for each package price listed.

<i>Upper Lip</i>	<i>\$400</i>
<i>Full Face</i>	<i>\$500</i>
<i>Underarms</i>	<i>\$500</i>
<i>Arms</i>	<i>\$900</i>
<i>Bikini</i>	<i>\$875</i>
<i>Brazilian</i>	<i>\$1,250</i>
<i>Upper Leg</i>	<i>\$1,000</i>
<i>Lower Leg</i>	<i>\$1,000</i>
<i>Full leg</i>	<i>\$1,750</i>
<i>Back</i>	<i>\$1,750</i>



# SPA FACIAL TREATMENTS

Our spa facials combine luxury with results, using medical-grade ZO Skin Health and Image Skincare products. Let our certified estheticians indulge your senses while addressing your skin care needs.

# SPA FACIAL TREATMENTS

## **Red Carpet Facial**

*80 Minutes \$170*

Ever wonder how celebrities look so flawless on the red carpet? This revolutionary chemical peel from Dr. Zein Obagi is the answer! Immediately improve the appearance of moderate lines, wrinkles, uneven pigmentation and rough skin texture. Additional massage techniques promote the flow of lymph, which directly results in glowing, plump and healthy-looking skin. Includes Celluma LED Light Therapy.

## **Dermaplane Deluxe**

*60 Minutes \$140*

Exfoliate the skin while painlessly removing vellus hair (aka “peach fuzz”) with this specialized treatment. A customized mask will address your skin care needs and you’ll receive a pampering massage.

## **Glow-Up**

**Revival RN Signature Facial**

*60 Minutes \$130*

Replenish what your lifestyle diminishes. This vitamin-infused treatment infuses oxygen, plant-derived anti-aging stem cells, peptides and a high concentration of enzymatic botanicals into the skin, leaving it luminous, refreshed and rejuvenated. Vitamin C, glycolic acid and gentle yet effective enzymes speed up cellular turnover. Includes luxurious shoulder, décolleté, hand and arm massage.

## **Microdermabrasion + Peel**

*30 Minutes \$125*

Invigorating facial rejuvenation that delivers exfoliation with adjustable suction to sweep away the outermost layer of dead skin cells from the epidermis. Massage, customized serums and a mask will complete the age-defying treatment.

# SPA FACIAL TREATMENTS

## **Oxygen Facial**

*60 Minutes \$120*

A hydrating and oxygen combination that promotes divine hydration. This luxurious treatment infuses oxygen, plant-derived anti-aging stem cells, peptides and a high concentration of enzymatic botanicals into the skin leaving it refreshed and rejuvenated. This is an ideal facial before any event. Includes luxurious shoulder, décolleté, hand and arm massage.

## **Decongestant Acne FACIAL**

*60 Minutes \$120 (Face or Back)*

Reduce and treat all kinds of acne with a customized treatment of your face or back. The focus of this treatment will be deep cleansing, extracting and balancing the skin.

## **Express Facial**

*30 Minutes \$70*

Choose between exfoliation or a customized mask in this quick-fix facial. Extractions are not included.

## LUXURY ADD-ONS:

### **Celluma LED Facial Light Therapy**

A non-invasive treatment that can be used to treat acne, fight wrinkles and ease pain by utilizing a combination of blue, red and near-infrared lights.

*15 minutes - \$25*

*30 minutes - \$40*

### **Extra Upper Body Massage**

*20 Minutes - \$30*

### **Waxing & Tinting**

*Upper Lip Wax - \$20*

*Chin Wax - \$20*

*Brow Wax - \$30*

*Brow Tinting - \$30*

### **Dermaplane**

This luxury treatment exfoliates and removes “peach fuzz”, prepping the skin to soak up some of the best medical grade skincare on the market. With Diamond Glow or Red Carpet Facial - \$65

# WELLNESS SERVICES



At Revival RN we are committed to partnering with you on your quest for a better you. Whether you are concerned about weight loss or want to find ways to alleviate stress in your daily life, we offer services designed to help you manage your personal wellness.

# WELLNESS SERVICES

## **hCG Medical Weight Loss Program**

*\$950*

Human chorionic gonadotropin, or hCG, is a hormone that suppresses hunger and accelerates your metabolism. Combining hCG injections with a low-calorie diet will help you reach your fitness goals faster than most diets. The best part of using hCG injections is that it's a selective mass loss method that targets the fat on your body, not the muscles. This translates into healthier and long-lasting results.

### **Benefits Include:**

- *Burns fat in problem areas while keeping your muscles intact*
- *Decreases hunger so you can reach your ideal weight*
- *Saves time and effort on your quest for the perfect body*
- *Supervised by a registered nurse*

## **Fujimi Massage Chair**

*Complimentary*

Relax, unwind and melt away your stress. Our full-body professional massage chair is available exclusively to our valued Revival RN clients anytime. Enjoy this VIP 20-minute session before or after any treatment. Can also be scheduled during your IV Vitamin Therapy or NuCalm sessions. Arrive early for injectable services and numb while enjoying this luxury service. Simply call us for availability or request your massage chair session when booking your next visit with us.

## **Infrared Sauna**

*Introductory Session \$20*

*1 Session \$35*

*3 Sessions \$90*

*6 Sessions \$150*

Infrared saunas offer many health benefits and just make you feel good! Rather than use steam or the traditional "box of hot rocks" heating elements, the infrared sauna heaters give you all of the relaxation benefits of a traditional sauna along with the increased health benefits that infrared offers, all at a much more comfortable temperature.

### **Benefits Include:**

- *Lose weight and increase metabolism*
- *Relieve muscle pain*
- *Boost immune system*
- *Detoxify*
- *Improve appearance of cellulite*
- *Ease joint pain and stiffness*
- *Reduce stress and fatigue reduction*
- *Improve skin*

# MASSAGE THERAPY

## **Intro Session Special**

*60 Minutes \$95*

Enjoy your first 60 minute Swedish Massage at Revival RN Spa at a special rate.

## **Massage with Cupping**

*60 Minutes \$120*

*90 Minutes \$140*

Cupping therapy is an ancient form of alternative medicine in which a therapist puts special cups on your skin for a few minutes to create suction. Some of cupping's benefits include helping with pain, inflammation, blood flow, relaxation, stress and overall well-being, and it is also a form of deep-tissue massage.

## **Hot Stone Massage**

*90 Minutes \$160*

A customized therapeutic massage combining traditional Swedish massage with warm river stones to melt away tension and ease stiffness while promoting a deep state of relaxation.

## **Deep Tissue Massage**

*60 Minutes \$120*

*90 Minutes \$140*

*120 Minutes \$200*

This technique focuses on realigning deeper layers of muscles and connective tissue. It is especially helpful for chronic aches and pains and contracted areas such as a stiff neck and upper back, low back pain, leg muscle tightness and sore shoulders.

## **Sports Massage**

*60 Minutes \$120*

*90 Minutes \$140*

*120 Minutes \$200*

For athletes and non-athletes alike, this massage integrates stretching techniques for lengthening tight muscles and increasing flexibility and range of motion.

## **Swedish Massage**

*60 Minutes \$115*

*90 Minutes \$145*

*120 Minutes \$190*

A Swedish body massage is the most popular type of massage. It is great for overall relaxation. Swedish massage uses long effleurage strokes and gentle pressure to improve circulation and diminish stress.

## **Prenatal Massage**

*60 Minutes \$115*

*90 Minutes \$145*

A soothing and restorative treatment designed to ease discomforts of pregnancy and promote overall well-being.

## **Lux Add On:**

An extra element of pampering is available for every massage.

Aromatherapy - \$25

Body Scrub - \$25

Hot Stone - \$25

Cupping - \$25

# SPA PACKAGES – ERIN’S PAIRINGS

Pamper yourself with the ultimate Revival RN spa experience. Choose from four of Erin’s favorite pairings and treat yourself. Wrap yourself in a luxurious robe and enjoy your own private relaxation room, equipped with top tier amenities, and an assigned spa host to cater to your needs.

## **Sauna + 90 minute Massage**

*\$150*

Get maximum relaxation with an Infrared Sauna Session and your choice of our Luxury Massage options.

## **Sauna + Facial**

*\$150*

Relax your body, replenish your skin and soul with an Infrared Sauna Session and your choice of our Spa Facial Treatments.

## **Sauna + 60 minute Massage + Facial**

*\$300*

Treat yourself right with an Infrared Sauna Session and your choice of a Luxury Massage and Spa Facial Treatment. Includes champagne refreshments and charcuterie.

## **Sauna + 60 minute Massage + Facial + IV**

*\$400*

Get the total package of relaxation and rejuvenation with the ultimate spa day. Start with an Infrared Sauna Session, then enjoy a Luxury Massage followed by a Spa Facial Treatment Then top it all off with a reinvigorating IV Rehydration Therapy Session. Includes champagne refreshments and charcuterie.

# REVIEWS

Truly a reviving and decadent spa experience! I feel my health and beauty increasing with each visit! I highly recommend a visit to Revival RN – each person there is wonderfully friendly and professional, and this establishment is beautifully decorated and sparkling clean.

–Erin H.

I've seen Erin for many years; she is the best in the business! You will never look overdone. She is an artist. The spa is absolutely beautiful and the staff is outstanding. Revival RN is professional and the team is trained and experienced in all the new procedures.

–Katie L.

I couldn't be happier with my experience at Revival RN!! Erin was incredible, made me comfortable, answered all my questions and did the best work I've ever had!! I will be back!

–Laura G.

Absolutely AMAZZZING! I cannot recommend Erin enough. She truly is the best at what she does, and her personality makes you feel like you've known her for years. She openly and honestly answers any questions you have and makes the whole experience comfortable and almost relaxing. I am so happy she was recommended to me! You rock, Erin!

–Darcie W.

I fully recommend Revival RN. I have been going there for years and feel completely confident with every service they provide. A lot of times men feel nervous about going to medical spas and you will never feel that when you are at Revival RN.

–Michael B

Erin is amazing! There is nothing else to say. I've seen her for Botox and she is the best. She is honest, thorough and just wonderful! If you are considering something, just don't wait. You won't regret seeing Erin! Her staff is so sweet and wonderful!

–Rachel S.

Revival RN is truly an amazing spa. You can come there and feel pampered and know that you are receiving services from experienced professionals. They fully explain and recommend each service, and make you feel comfortable from the moment you walk through the door.

–Dawn K.

For more reviews, visit our website at [RevivalRN.com](http://RevivalRN.com)



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