

Harbour House is a contemporary art, movement and wellbeing centre in Kingsbridge, South Devon. Our mission is simple: to enrich the lives of people in our town and surrounding communities through art, creativity, movement and wellbeing practices. We achieve this through an inspiring and inclusive programme of exhibitions, performances and educational activities that invite everyone to participate. We also provide flexible spaces dedicated to mindfulness, movement and yoga. Join us as we explore, create and thrive together.

Coming Soon

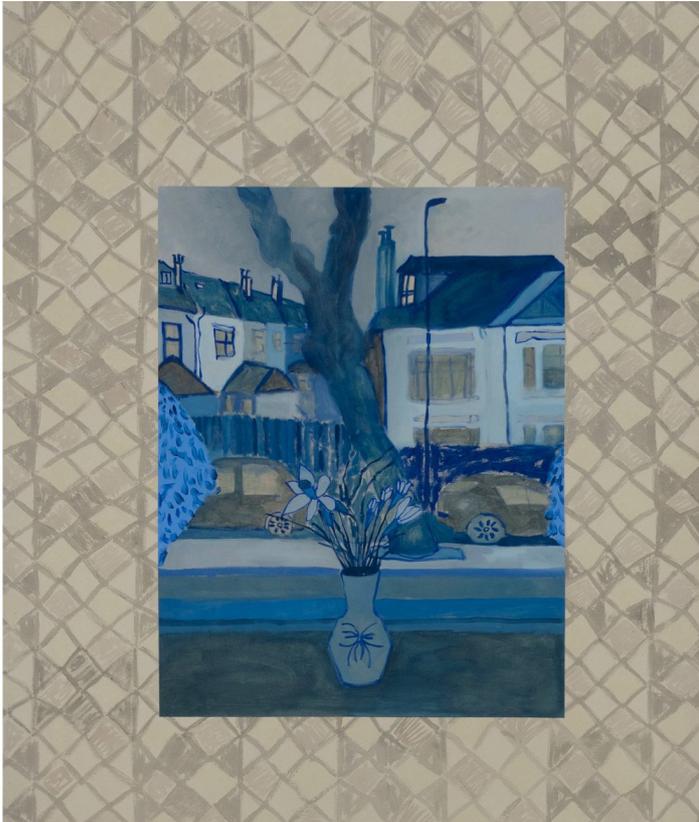
Fri 22 Aug 2025

Ben Sanderson: Lilies and Illusions Opening Celebration

Harbour House Ground Floor Gallery
6pm - 8pm

Join us for the opening celebration for Ben Sanderson's exhibition. There will be free light refreshments.

All Welcome, no need to book



Sat 23 Aug - Sat 1 Nov 2025

Ben Sanderson: Lilies and Illusions Exhibition

Harbour House Ground Floor Gallery
Mon - Sat: 10am - 5pm

Lilies and Illusions brings together paintings created by Cornwall-based artist Ben Sanderson and wall paintings made in collaboration with a group of children who took part in summer art and movement sessions. These sessions were run in partnership with Kingsbridge Foodbank and Kingsbridge Community Primary School.

There will be a FREE self-led drawing activity in the gallery.

6 Sep - 11 Oct 2025
Every Saturday

Clay and Conversation: Ceramic Workshops (Adults 55+)

Quay Lane Studio, Harbour House
10am - 12pm

This series of 6 free workshops will explore different techniques in ceramics, inspired by nature and the five ways to wellbeing. You will have the opportunity to meet with like-minded people, make new connections and explore and develop your creativity.

Led by ceramics artist Cylena Simonds.

Please email gemma.marshall@harbourhouse.org.uk for more information and to sign up



Sat 11 Oct 2025

Ben Sanderson in Conversation with Naomi Frears

Harbour House Ground Floor Gallery
11am - 12:30pm

Join Ben Sanderson to discuss his exhibition at Harbour House alongside returning artist Naomi Frears. This will be an opportunity to see Naomi's new version of her film 'The Work' as part of the exhibition, with more information about Ben's work within the community.

This event is FREE and will be a hybrid event, where you can join in person or online.

Booking is essential via [Eventbrite](https://www.eventbrite.com) for joining online and in person.

Fri 21 Nov

Ashanti Hare: The Fullness Between the Shadows Opening Celebration

Harbour House Ground Floor Gallery
6pm - 8pm

Join us for the opening celebration of Ashanti Hare's solo exhibition, *The Fullness Between the Shadows*. There will be free light refreshments

All Welcome, no need to book



Sat 22 Nov 2025 - Sat 21 Feb 2026

Ashanti Hare: The Fullness Between the Shadows Exhibition

Harbour House Ground Floor Gallery
Tues - Sat: 10am - 5pm

The exhibition brings together new sculptural works by Plymouth based artist Ashanti Hare, alongside artwork produced in collaboration with socially isolated adults referred through NHS social prescribers.

Ashanti explores cultural memory, decolonisation, and embodied experience through sculptural textile installation and ritual performance.

This exhibition is supported by Henry Moore Foundation.



1 - 15 Nov

Every Saturday

Move and Make Workshops (55+)

Tumbly Hill
10am - 12pm

We are working with Tumbly Hill Wellbeing Hub to provide a series of 6 workshops of inclusive dance, yoga and making inspired by nature, with time for a hot drink, biscuit and a chat at the end.

Please email contact Tumbly Hill to book on 01548853033 or hello@nextstepstogether.org

Weds 3 Dec 2025

Grief Gathering with Thrive Dance Company

Harbour House Ground Floor Gallery
6pm - 8pm

You are invited to The Grief Gathering, a free, gentle evening for anyone who has experienced grief and would like to connect with others to explore creativity as a way to express and move through it.

Booking is essential via [Eventbrite](https://www.eventbrite.com)

Sat 6 Dec 2025

Kingsbridge Celebrates Christmas 2025

Harbour House Ground Floor Gallery & Quay Lane Ground Floor Studio
12pm - 3pm

We will be buzzing with creativity, community and Christmas cheer - with two free drop-in activities. The first activity is a Christmas Card Printing Workshop with Llyr Davies in the gallery, using a beautiful watercolour monotype technique. This simple and mindful process is suitable for everyone — no experience or booking required.

We will also have a Festive Family Portrait opportunity - Our festive portrait studio is run by professional photographer Dom Moore in collaboration with adults with learning differences from Activities 115,

Free, no need to book!

News

19 July 2025

Kingsbridge Fair Week 2025



A huge thank you to the almost 500 of you who joined us at the Band Stand for Harbour House Presents: 'Mughal Miniatures: The Awakening' from Sonia Sabri Company, as part of Kingsbridge Fair Week.

It was a wonderful day of dancing and celebrating Kathak Dance with the leading contemporary South Asian dance and music company in the UK!

A huge shout out to Kingsbridge Fair Week for a wonderful day and continued partnership.

April - July 2025

Quarterly Engagement Stats



Workshops/Events



Participants



Community Groups

2024/25

2024/25 Impact Report



We are delighted to share our first Impact Report shining a light on our first full year of our new engagement programme..

To every artist, participant, partner, funder, volunteer, and visitor — thank you. By supporting us, you are helping us to keep our doors open to the community and programme more events, workshops and exhibitions that are accessible to all.

You can pick up a copy from Harbour House or download a copy from our [website](#).

Our Engagement Programme

At the centre of our work is socially-engaged art. We work collaboratively with local communities to shape our programme of creative projects. The process is often as important as the outcomes - we believe that opportunities to learn and be creative together can be transformative. With activities shaped by both community voices and our five strategic aims, we've crafted a programme that's bold, inclusive, and deeply rooted in the needs of our region.

Harbour House's strategic aims are:

- Improved community cohesion
- Improved physical and mental health and wellbeing
- Increased cultural and socio-economic development
- Reduced social isolation
- Increased environmental literacy