



Building Team Health

What Works

Building Team Health: What Works



Hire for Attitude and Position Fit

Acquire ideal team players who drive growth and thrive at their jobs.



Develop Strong Teamwork Attitudes

Build a team that is humble, driven, and people-smart.



Align Around What Winning Looks Like

When everyone shares the same playbook, the team stays focused and motivated.



Promote Communication that Works

Foster healthy relationships and get better results with people.



Boost Team Productivity

Streamline workflow and improve collaboration across teams and processes.



Lead Great Team Meetings

Run concise, effective meetings that empower quick decisions and seize opportunities.



Build a People-Focused Workplace

Develop key skills that boost strengths, leadership, and retention.



Use Small Wins to Build Momentum

Celebrate what you want repeated.



Create a Culture of Trust and Commitment

Build a solid foundation while clearing the air and tackling challenges.



Host "What If" Sessions

Spark creative problem solving and encourage healthy conflict.



Get started! Introduce yourself and we will discuss how to accomplish your goals for your team.



What is Team Health?

Leaders often focus on strategy, finance, technology, and marketing—what we call “smart” business skills. But what is often missed is the “healthy” side of business: building a strong culture, open communication and accountability, and above all, leading people well.

To truly thrive, a team needs to be both smart and healthy. As Patrick Lencioni puts it, if you had to choose just one, choose healthy. Why? Because a healthy organization will become smart over time—but a smart organization won’t necessarily become healthy.

Smart

- Strategy
- Marketing
- Finance
- Technical Expertise
- Business Plan

Healthy

- Trust
- Clarity
- High morale
- High productivity
- Low turnover

Get Started : What Does My Team Need?

1. Mark 2–3 areas on the previous page where you think the team could improve. Feel free to note any specific needs or challenges your team is facing.
2. **Let's talk!** Schedule a call with Matt. You tell me about your team and I'll recommend a training schedule that meets your team goals.
3. Unleash the potential on your team! Watch your team grow and have fun together.

Get started! Introduce yourself and we will discuss how to accomplish your goals for your team.

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