

ACTION PLAN



A Simple, step by step guide that shows you exactly what to do next so you can grow with confidence, create results and build your momentum...fast!



STEP 1 KNOW YOUR DREAM

Your dream is your fuel. Make it personal and emotional. Ask yourself: *What do I want?* Better health? More time? Financial freedom?

Examples: "I want better health and extra income to support my family without constant stress." AND "I'm ready for freedom—to work when and with who I choose."



STEP 2 SET YOUR GOALS (CLARITY CREATES MOMENTUM)

SET 3 GOALS (90 DAYS):

- Income target
- Rank or team goal
- Personal health goal

Daily Rhythm: Read your reason each morning. Reflect and reset each evening.



STEP 3 BUILD YOUR LIST

A connection list—not a sales list. Add 5-10 people daily from everywhere: friends, family, coworkers, neighbors, social media, gym, community. Don't pre-judge who might be interested. Your job is simply to share; their job is to decide.

Remember: We connect with people — not titles or organizations.



STEP 4 CONNECT + INVITE

Remember that prospects are people, not numbers. They all have unique stories and unique problems. Listen and connect authentically.

Target: Connect with 2-3 people per day. Invite them to one of our simple formats: (*One-on-ones, coffee chats, short Zooms (15-30 min), 3-way calls, home gatherings.*)

Simple flow: Your story → The products → The opportunity → Clear next step



STEP 5 SHARE THE OPPORTUNITY

Keep it real. Keep it simple. Best formats: - One-on-ones - Coffee chats Short Zooms (15-30 minutes) - 3-way calls - Home gatherings

Simple Flow: Your story → The products → The opportunity → Clear next step



STEP 6 FOLLOW UP, ENROLL, DUPLICATE

Growth happens in the follow-up. Reach out in 24-48 hours, then every 3-7 days. *Always add value, never pressure.*

WHEN THEY JOIN

Celebrate them, Guide them through these same steps, Teach duplication with confidence!