

2026 Mastery 1 Outline

	Activity	Speaker	CE
	Pre- and Post-Tests		1.00
Part 1 6 CE	Overview of Sleep Medicine	Noah Siegel, MD	1.50
	On Somnolence: Healthy Sleep and Why We Do It	Michael Howell, MD	1.00
	Basics of Sleep-Related Breathing Disorders	Leon Sweer, MD	1.00
	Screening for SDB	Nick Wilson, DDS	1.00
	Levels of Evidence	Aaron Glick, DDS	0.75
	Applying Levels of Evidence	Aaron Glick, DDS	0.75
	AADSM Resources		0.00
Part 2 2 CE	Positive Airway Pressure Therapy	Noah Siegel, MD	0.75
	Introduction to Treating SDB with OAT	Karen Wuertz, DDS	1.00
	The Screening Consultation	Michelle Cantwell, DMD	0.25
Part 3 4 CE	Diagnostic Sleep Studies	Barry Fields, MD	2.00
	Sleep Study Data Retrieval and Interpretation	Paul Levine, DDS	1.00
	HSAT and Clinical Ordering	Christopher Hart, DDS	1.00
Part 4 10 CE	Approach to the Airway	Noah Siegel, MD	1.00
	Comprehensive DSM Examination	Michelle Cantwell, DMD	1.00
	Demo: Photographic Record Keeping	Kevin Wallace, DMD	0.25
	Demos: Determining Mallampati and Friedman Classifications & Measuring Neck Circumference Demo	Gordon Bell, DDS	
	TMD Anatomy	Massimiliano Di Giosia, DDS	0.50
	Basic Concepts of Pain and TMD	Sowmya Ananathan, DMD	0.75
	Defining Pre-Treatment TMD	Massimiliano Di Giosia, DDS	1.25
	TMD Screening Evaluation	Christina Cairns, DDS	0.75
	TMD Clinical Exam	Daniela Vivaldi, DDS	1.00
	Foundational TMD Examination Demo	Daniela Vivaldi, DDS	0.50
	Interactive TMD Case Study		0.25
	Clinical Competency I: SOAP Notes		1.25
	Clinical Competency II: Treatment Planning		1.00
	Review of Clinical Competency I	Trish Braga, DDS	0.25
Review of Clinical Competency II	Trish Braga, DDS	0.25	
Part 5 10 CE	Digital Pathways	David Flamenco, DDS	0.75
	Demo: Polyvinyl Siloxane Impression Technique	David Schwartz, DDS	0.25
	Construction Bite Fundamentals	Kevin Wallace, DMD	0.75
	Demo: Construction Bite Acquisition	Gordon Bell, DDS	0.25
	Demo: Oral Appliance Overview	Trish Braga, DDS	0.25
	Nomenclature for Device Design	David Flamenco, DDS	1.75
	Device Design Clinical Practicalities	Trish Braga, DDS	1.50
	Lab Communication and Rx	Michael Hnat, DMD	0.25
	Device Delivery	Kevin Wallace, DMD	0.50
	Demos: Device Delivery Parts 1 & 2	Ari Wulfsohn, DMD and Kevin Wallace, DMD	0.25
	Demos: Morning Occlusal Guide	Subha Giri, DMD and Emily Kahnert, DPT	0.50

	Demo: Team Led Oral Appliance Delivery	Joanna Pincente, DA	0.25
	Device Design for Patient Cases	David Flamenco, DDS	1.25
	Clinical Competencies	Trish Braga, DDS	0.50
	Clinical Competency III: Tutorial on Full Arch Impression Taking		0.50
	Clinical Competency IV: Tutorial on Intra-Oral Photos for Record Keeping		0.50
Part 6 8 CE	Personal Oral Appliance Trial - OPTIONAL		0.00
	Post Delivery Care and Appointments	Kevin Wallace, DMD	0.50
	Demo: Calibration Techniques for Propulsion Mechanisms	Ivan Valcarengi, DDS	0.25
	Oral Appliance Calibration and Finding Therapeutic Position	Paul Levine, DDS	1.00
	Nocturnal Pulse Oximetry	Paul Levine, DDS	0.75
	Goals of Treatment: Tracking Objective and Subjective Data	Barry Fields, MD	1.00
	Maximizing Outcomes	Michelle Cantwell, DMD	0.75
	Long-Term Management in OAT	David Federici, DMD	1.75
	Clinical Competency III & IV: Photos of Impressions & Intra-Oral Photos for Record Keeping		2.00
	Assigned Readings from Mastery 1 Literature List (0.5 hour per article)		12.00
	Q&A Sessions		1.00

Total CE: 54.00