

# AADSM Mastery Program

## Faculty Bios and COI Disclosures

★ *Mastery 2 Practical Workshop faculty member*



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Nancy Addy, DDS is a graduate of the University of Missouri-Kansas City (UMKC) School of Dentistry and a former assistant professor of General Dentistry at UMKC. Dr. Addy delivered her first oral appliance to help relieve a patient's snoring in 1997 and joined the (AADSM) in 1998. She became a Diplomate of the American Board of Dental Sleep Medicine (ABDSM) in 2006 and has served as president of both the AADSM and ABDSM. Since 2006, Dr. Addy has exclusively practiced dental sleep medicine. She regularly presents lectures on oral appliance therapy both locally and nationally.

No conflicts of interest to disclose.



Alan O. Blanton, DDS, MS, D. ABDSM, is a graduate of the University of Tennessee College of Dentistry. He is a Diplomate with the American Board of Dental Sleep Medicine and is the former Director of the Dental Sleep Medicine and Orofacial Pain Program at the University of Tennessee Health Science Center College of Dentistry. In private practice, he devotes a large part of his general practice to the treatment of sleep-related breathing disorders, orofacial pain and TMD. He is a former member of the AADSM Board of Directors and has chaired both the Board Review Course and the Advanced Course and has lectured on behalf of the AADSM at a past ADA Annual Meeting. He continues to lecture on sleep, oral appliance therapy, orofacial pain and TMD to state and local dental groups.

No conflicts of interest to disclose.



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Christina Cairns, DDS, is a proud graduate of Creighton University School of Dentistry, Class of 2000. She spent 11 years practicing restorative general dentistry alongside her husband, Scott, in Phoenix, Arizona, before relocating to Colorado Springs, Colorado in 2012. Inspired to focus on sleep and orofacial pain, Dr. Cairns completed the UCLA Dental Sleep Mini-Residency, followed by the AADSM Mastery Program. In 2019, she became a Diplomate of the American Board of Dental Sleep Medicine, and in 2022, she earned Diplomate status from the American Board of Orofacial Pain.

No conflicts of interest to disclose.



Michelle Cantwell, DMD, is a graduate of Wilkes University and the University of Pittsburgh, School of Dental Medicine. Following graduation she completed a three-year residency in prosthodontics and served on active duty service as a Lieutenant Commander in the US Navy. She became a Diplomate of the ABDSM in 2014 and has served on the AADSM Board of Directors. In 2018, she merged her dental sleep medicine practice into the Pulmonary & Sleep Medicine Department of Wellspan Hospital. Dr. Cantwell is currently the President-Elect of the AADSM. She lives in Lancaster, PA with her husband Steve and their daughters.  
No conflicts of interest to disclose.



Yasmin Chebbi, DMD practices at The Flossery, in Waltham MA. She is a Fellow of the Academy of General Dentistry and a Diplomate of the American Board of Dental Sleep Medicine. She is passionate about the mouth-body connection and preventative dentistry and is also the author of "Eat, Sleep, Breathe Oral Health: Why Your Mouth Matters".  
No conflicts of interest to disclose.



Tanya DeSanto, DDS is a graduate from Northwestern University Dental School. She has been practicing dentistry in Springfield, IL for 30 years and dental sleep medicine for the last several years. Dr. DeSanto is a Diplomate of the ABDSM and member of the AADSM, AASM, and SRS. She has lectured at the AADSM Annual Meeting and co-chaired the AADSM Breaking Down Barriers for a Successful Practice Course. She is an adjunct faculty member at the SIU School of Medicine where she enjoys teaching medical residents the importance of dental sleep medicine. She currently serves as chair of the AADSM Education Committee and host of the AADSM podcast, Open AirWaves.  
No conflicts of interest to disclose.





Massimiliano Di Giosia, DDS is a graduate of the University "G.d'Annunzio", School of Dentistry - Chieti, Italy. He completed a residency program in Orofacial Pain at the University of Kentucky-Orofacial Pain Center in 2007 and an Orthodontic residency program at the University of Cagliari, Italy, in 2011. He is a Diplomate of the American Board of Orofacial Pain and a fellow of the American Headache Society. Dr. Di Giosia is a Visiting Clinical Associate Professor at Indiana University School of Dentistry (IUSD)-Dept. of Oral and Maxillofacial Surgery where he is responsible for clinical, teaching and research activities in orofacial pain, TMD and dental sleep medicine. He has published several articles, books and book chapters in the field of orofacial pain and dental sleep medicine.

No conflicts of interest to disclose.



David Federici, DMD, D.ABDSM graduated from University of Pittsburgh School of Dental Medicine in 1992 and has since been practicing dentistry in Manahawkin, NJ where he has elevated his practice to include the treatment of obstructive sleep apnea for his patients. His passion extends into speaking engagements to both the public and many health, dental lab and business groups to advance awareness of this extremely life threatening and life altering condition. Dr. Federici is a board member of the NJ Sleep Society, Diplomate of the American Board of Dental Sleep Medicine and the chair of the AADSM OAT for OSA Awareness Task Force. He also authored, "How I landed a position on my state's sleep society board: JDSM interview with Dr. David Federici", which was published in JDSM in 2022. ★

No conflicts of interest to disclose.



Barry Fields, MD completed his undergraduate education at Cornell University and obtained his MD at the University of Rochester School of Medicine and Dentistry before completing an Internal Medicine residency at Yale-New Haven Hospital. He then completed a sleep medicine fellowship at the University of Pennsylvania where he earned a Master's degree in medical education. He joined the faculty at Emory University in 2014 where he is now an Associate Professor of Medicine and the Sleep Medicine Fellowship Program Director. He practices sleep medicine at the Atlanta VA Health Care System and directs its sleep telemedicine program.

No conflicts of interest to disclose.



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David Flamenco, DDS is a graduate of La Universidad De La Salle, Bajío, where he concentrated his studies in esthetic dentistry. He has been a dental technician since the age of 16 years old. He began private practice in Reseda, CA and now resides in San Diego, CA. Dr. Flamenco also works with SHARP hospital and has OR privileges for dental surgeries. He is dedicated to staying up to date with advancements in technology and biocompatible materials. He has taken extensive courses in multiple specialties and provides comprehensive care from start to finish within his office while utilizing the most advanced technology available. Dr. Flamenco became a Diplomate of the American Board of Dental Sleep Medicine after completing the AADSM Mastery Program. He is a Director-at-Large on the AADSM Board of Directors. To stay up to date with the advancements of patient care he is a member of the ADA /CDA, SDCDS, ICOI, AAID, AACD, DOCS education, AASM, and AADSM.  
No conflicts of interest to disclose.



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Dr. Fox has been practicing dentistry in Central Pennsylvania for over 25 years. She graduated from the Temple University School of Dentistry, where she was selected for the Clinical Achievement Award and Omicron Kappa Upsilon Honor Society. As a lifelong student, her most recent endeavor has been the field of dental sleep medicine. Completing dental sleep medicine programs at Tufts University School of Dentistry and the inaugural year with the AADSM Mastery Program, she then achieved Diplomate status with the ABDSM. She has practiced in various clinical settings ranging from a hospital-based dental residency program, owning a solo dental practice, managing partner in a large multi-location/multi-specialty dental group, and is currently practicing dental sleep medicine full-time. Dr. Fox is also enthusiastic about sharing her knowledge through her experience as a dental residency attending faculty, an in-office instructor for Cerec technology. She is a Director-at-Large on the AADSM Board of Directors and a former member of the AADSM Annual Meeting Committee.  
No conflicts of interest to disclose.



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Maria Therese Galang-Boquiren, DMD, MS, D.ABDSM, is a tenured associate professor at the University of Illinois at Chicago. Apart from teaching, she works in private practice and holds a hospital appointment at the John H Stroger Jr Hospital of Cook County. She is a Diplomate of the American Board of Orthodontics and is completing board certification for the American Board of Dental Sleep Medicine. Dr. Galang-Boquiren has received numerous awards for her teaching and research accomplishments. She is also very active in organized dentistry and reviews scientific manuscripts for various peer-reviewed journals. Dr. Galang-Boquiren has been invited to speak both locally and internationally.  
No conflicts of interest to disclose.



Subha Giri, BDS, MS, has over twelve years of clinical experience in collaborating with sleep physicians to provide oral appliance therapy for patients diagnosed with obstructive sleep apnea with concurrent focus in temporomandibular joint disorders and orofacial pain. Currently at Mayo Clinic, in the Department of Dental Specialties, Dr. Giri is providing oral appliance therapy, in collaboration with the Center for Sleep Medicine. Dr. Giri completed her clinical fellowship in TMJ and Orofacial Pain Management from the School of Dentistry at the University of Minnesota and attained an M.S. degree focused on chronic pain mechanisms. She has been a participant dentist with the National Dental Practice Based Research Network and has authored chapters in textbook, journal articles, and patents.

No conflicts of interest to disclose.



Dr. Hart is the owner of Hart Dental, Center for Modern Dentistry and Hart Dental Sleep Solutions in Mitchell South Dakota. He is an ABDSM Diplomate and Fellow of the American Academy of Clear Aligners. Dr. Hart routinely speaks on dental sleep medicine and clear aligner orthodontics.

No conflicts of interest to disclose.



Michael Hnat, DMD, is Dental Director of Pittsburgh Dental Sleep Medicine in McMurray, PA. His dental sleep medicine facility has been accredited by the AADSM since 2012. His practice focus is in dental sleep medicine and the treatment of temporomandibular disorders. Dr. Hnat holds Diplomate status with the American Board of Dental Sleep Medicine and the American Board of Craniofacial Dental Sleep Medicine. He previously served as Chair of the AADSM Accreditation Committee. As Clinical Assistant Professor at the West Virginia University School of Dentistry, he teaches dental sleep medicine to the dental and hygiene students and provides oral appliance therapy to patients in the faculty clinic. He lectures nationally and internationally to dentists and other health professionals and his passion in this field is evident in the standard of care delivered to his patients and in his lectures.

No conflicts of interest to disclose.



Michael Howell, MD, is the Associate Professor, Department of Neurology at the University of Minnesota. Dr. Howell is a neurologist who specializes in sleep disorders. His clinical interests include sleepwalking and related disorders such as REM sleep behavior disorder, sleep-related eating disorder, sleep seizures and other violent sleep behaviors. Dr. Howell's research interests include characterizing the relationship between sleep and neurological disorders and determining whether these processes are reversible with current or experimental therapies. He is also interested in the relationship between sleep and obesity. Specifically, he is investigating whether poor sleep as a result of sleep deprivation or of sleep disorders leads to or contributes to the current global obesity pandemic.

No conflicts of interest to disclose.



Paul Jacobs, DDS is a third-generation dentist, practicing general, cosmetic and dental sleep medicine. He is the Dental Director of Upper Peninsula Sleep Dentistry and the Care Free Dental Clinic in Escanaba, Michigan which cares for people who are uninsured and underserved. He speaks nationally to dental and medical groups and is an expert in practice management including systems, leadership and team building. A 1983 graduate of the University of Detroit School of Dentistry, he is a global leader in bacterial DNA testing for periodontal pathogens and non-surgical periodontal therapy. He is a Diplomate of the ABDSM, member of the AADSM Board of Directors, served as a member of the AADSM Accreditation Committee, and co-chaired the inaugural AADSM Practice Management Course. ★

No conflicts of interest to disclose.



Dr. Sripriya "Priya" Jayaraman earned her dental degree from the University of California in San Francisco, along with an MPH from Wichita State University. She also finished a two-year advanced education program in Orofacial Pain and Dental Sleep Medicine from the University of Kentucky in Lexington, KY. She is a Diplomate of American Board of Orofacial Pain and American Board of Dental Sleep Medicine. Her principal areas of interest include TMJ disorders, obstructive sleep apnea, primary headaches, neuropathic pain and restorative dentistry. She is well versed in the fabrication of TMJ orthotics, trigger point injections including Botox, fabrication of oral appliances for obstructive sleep apnea and nerve blocks. In her spare time, she enjoys drawing and painting.

No conflicts of interest to disclose.



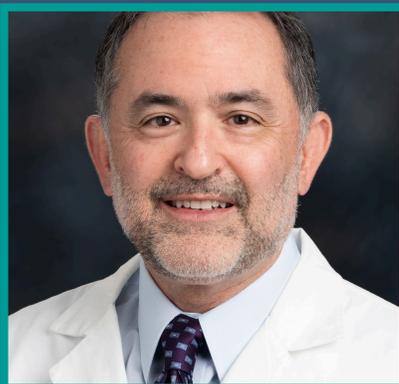
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Tanya Kushner, DDS has been practicing dentistry since 1997. She graduated at the top of her class from Northwestern University Dental School in Chicago and practiced as a general dentist for 15 years. In 2014 Dr. Kushner limited her practice to dental sleep medicine and orofacial pain. Dr. Kushner is board certified through the American Board of Dental Sleep Medicine and the American Board of Orofacial Pain and is a fellow of the American Academy of Craniofacial Pain.

No conflicts of interest to disclose.



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Mitch Levine, DMD is an associate professor of orthodontics at St. Louis University. He is a diplomate of the American Board of Orthodontics and the American Board of Dental Sleep Medicine. Prior to joining academia, Dr. Levine spent 30 years in private practice in Jacksonville, Florida where one third of his practice was related to treating sleep-disordered breathing. Dr. Levine has been a member of the AADSM since 2010 and is the AADSM Immediate Past President. Throughout that time, he has served on the Health Policy Education Committee, served as chair of the task force that wrote the Dental Sleep Medicine Standards for Screening, Treating and Managing Adults with Sleep-Related Breathing Disorders, was a member of the task force that developed the consensus recommendations on Identifying the Appropriate Therapeutic Position of an Oral Appliance. He was also co-author of the Obstructive Sleep Apnea and Orthodontics: An American Association of Orthodontists White Paper.

No conflicts of interest to disclose.



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Paul Levine, DDS served as Clinical Assistant Professor at the University of Texas School of Dentistry at Houston in the department of General Practice and Dental Public Health from 2014-2021. He served as course director for a predoctoral dental sleep medicine course and earned his dental degree from UT Health School of Dentistry at Houston in 1982. He is a member of the American Academy of Dental Sleep Medicine and a Diplomate of the American Board of Dental Sleep Medicine. In addition, Dr. Levine currently serves as chair of the AADSM Academic Dental Sleep Medicine Council Steering Committee. He continues to focus on teaching dental sleep medicine to help the dental community recognize the importance of screening for sleep-related breathing disorders.

No conflicts of interest to disclose.



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Ken Mogell, DMD's South Florida practice has been limited exclusively to treating patients with sleep disordered breathing since 2017. He currently serves on the Editorial Advisory Board for SLEEP REVIEW, the Journal for Sleep Specialists. He has chaired seminars and authored papers for the AADSM and Sleep Review. Dr. Mogell earned his Bachelor of Science in Nursing from Florida State University and his Doctor of Dental Medicine from the University of Florida. His private dental sleep medicine practice serves patients with locations in Boca Raton, Melbourne and Vero Beach.

No conflicts of interest to disclose.



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Mariona Mulet Pradera, DDS, MS, D.ABDSM is the Associate Program Director of the Orofacial Pain Graduate Program at the University of Minnesota. Dr. Mulet earned her dental degree from the University of Barcelona in 1998. She later completed her two-year master program in Orofacial Pain from the University of Minnesota in 2003. Dr. Mulet is a Diplomate of the American Board of Orofacial Pain and a Diplomate of the American Board of Dental Sleep Medicine. She provides care to patients with orofacial pain disorders in a multidisciplinary clinical setting at Health Partners Group in Minnesota.

No conflicts of interest to disclose.



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Rubina Nguyen, DDS earned a Bachelors in Science in 1996 and Doctor of Dental Surgery degree in 2000 from University of Illinois at Chicago. Her rigorous dental training included a postgraduate residency and clinical research at UIC and University of Chicago where she obtained her GPR certificate for advanced training in General Dentistry. In 2012, she co-founded a non-profit organization, S.C.A.R.F. (Sudden Cardiac-death Awareness Research Foundation). S.C.A.R.F. was created in response to an overwhelming need for public education and awareness of sudden cardiac arrest/death. Dr. Nguyen is board-certified in dental sleep medicine through the ABDSM, chair of the AADSM Mastery Program Committee, and is an active member of American Academy of Dental Sleep Medicine.

COI Disclosure: Founder of SCARF (Sudden Cardiac-Death Awareness Research Foundation). Speaker for New Jersey Sleep Society annual sleep meeting, McHenry Dental Society, Cardiac Contractile Modulation (CCM), Breathing and wellness conference.



Keira Nicholson, DDS completed her undergraduate studies at Minnesota State University, Mankato before earning her Doctor of Dental Science degree from the University of Iowa College of Dentistry. She began her dental career as a captain in the US Army, in Fort Riley, Kansas. During her time in the military she gained interest and knowledge in the treatment of sleep apnea with oral appliance therapy. After the Army, Dr. Nicholson completed the American Academy of Dental Sleep Medicine (AADSM) Mastery Program and achieved certification through the American Board of Dental Sleep Medicine (ABDSM). She joined the Snoring and Sleep Apnea Dental Treatment Center in Edina, MN in 2020, and has dedicated her career to dental sleep medicine since. Dr. Nicholson is a member of the AADSM and a Diplomate of the ABDSM.

No conflicts of interest to disclose.



Stephen Poss, DDS graduated from the University of Tennessee School of Dentistry in 1983. He maintained a restorative practice in Brentwood, TN until 2017. Since then, he has limited the scope of his practice to dental sleep medicine and TMD. He has lectured worldwide on restorative concepts and dental sleep medicine. Dr. Poss is a Diplomate with the ABDSM and ABCDSM and completed a Fellowship with the American Academy of Craniofacial Pain. Dr. Poss maintains two private, dental sleep medicine practices in Brentwood and Murfreesboro, TN.

COI Disclosure: Dedicated Sleep Board of Directors - The material presented in the program has no relationship with this potential conflict.



Dr. Postol maintains a combination of a general dental practice and dental sleep medicine practice simultaneously in St. Louis, MO. He received his dental degree from the University of Missouri-Kansas City and attended the University of Iowa for a General Practice Residency. He has practiced general dentistry since 1992. In 2006, he entered the field of dental sleep medicine and later became a Diplomate of the American Board of Dental Sleep Medicine (ABDSM) in 2011. He is past chair of the AADSM Essentials of Dental Sleep Medicine Course and has spoken at numerous local and national meetings. He has served on the AADSM Board of Directors since 2014 and currently serves as the President of the AADSM.

No conflicts of interest to disclose.





Noah Siegel, MD, is board certified in both sleep medicine and otolaryngology head and neck surgery. Dr. Siegel serves as the Director of Sleep Medicine and Surgery at Massachusetts Eye and Ear, a Harvard Medical School teaching hospital in Boston. He is the Medical Director of Otolaryngology for Massachusetts Eye and Ear's Longwood facility in addition to several other sleep laboratories in the Boston area. Dr. Siegel is clinical faculty at Massachusetts General Hospital and in the division of craniofacial pain, TMD and sleep at Tufts Dental School. Having graduated Magna Cum Laude from the University of Michigan Medical School in Ann Arbor in 1995, he completed his general surgery internship at Northwestern University followed by a residency at Harvard University in otolaryngology-head and neck surgery. He has been boarded in sleep medicine since 2008. Maintaining an active medical practice with primary interest in sleep disorders, allergy and chronic sinusitis, he regularly lectures at medical and dental sleep courses and training programs.

No conflicts of interest to disclose.



Jacy Stauffer, DMD is a diplomate of the American Board of Pediatric Dentistry (ABPD) and a fellow of the American Academy of Pediatric Dentistry. After graduating from the University of Louisville School of Dentistry, she went on to pursue a General Practice Residency at Rhode Island Hospital, focusing on adults and children with special health care needs. Following the completion of her certificate in Pediatric Dentistry at Lutheran Medical Center, Brooklyn NY, she worked in a private group practice setting for a few years before embarking on full-time academia. Dr. Stauffer currently serves as the Program Director for the Pediatric Dentistry Residency Program at Oregon Health and Science University (OHSU). Her firm belief in real-time collaboration between physicians and dentists also led her to initiate the pediatric multidisciplinary sleep clinic at OHSU where she continues to share her expertise and even developed a clinical rotation for her residents. Dr. Stauffer enjoys life long-learning through her commitment to the ABPD as an oral examiner.

No conflicts of interest to disclose.



Dr. Sweer is a graduate of the Massachusetts Institute of Technology and the Yale University School of Medicine. He completed his Pulmonary and Critical Care fellowship at the Penn State Hershey Medical Center, where he participated in research involving upper airway mechanics and control of breathing. Board certified in internal medicine, pulmonary, and sleep disorders medicine, he is a fellow of the American Academy of Sleep Medicine. Dr. Sweer has served as medical director of several sleep disorder centers including the Penn State Hershey Sleep Research and Treatment Center for 6 years. Currently he is the Associate Medical Director of the Wellspan Sleep Disorders Centers headquartered in York, Pa., a program offering multiple options for diagnosis and treatment. He has over 30 years experience in active clinical practice caring for patients with complex sleep disorders.

No conflicts of interest to disclose.



Irina Trosman, MD is a graduate of the University of Chicago Pritzker School of Medicine and the University of Chicago Pediatric residency program. She received additional training in Sleep Medicine at the Northshore Sleep Medicine Center. Dr. Trosman has been with Lurie Children's Hospital for 19 years and is presently an Interim Director of the Lurie Children's Hospital Sleep Medicine Center. In addition to an extensive educational experience with medical students, residents, and fellows, Dr. Trosman has been collaborating with her Sleep Medicine colleagues from all over the world, Otolaryngologists, Developmental Pediatricians, Neurologists, Dentists, Psychologists, and Orthodontists. Dr. Trosman presented at the national pediatric sleep medicine conferences, Pediatric American Thoracic Society Meetings, Grand Rounds, Pediatric Conferences, and the Chicago Dental Society meeting. She is currently involved in clinical research and building interdisciplinary clinics for pediatric patients with sleep disorders. Dr. Trosman is a Board Member of the Illinois Sleep Medical Society and co-chair of the Pediatric Committee.

No conflicts of interest to disclose.



Maia Tsirghiladze, DMD is a staff dentist in West Haven VA CT. She is a Diplomate of the American Board of Dental Sleep Medicine and holds Fellowship credentials with Academy of General Dentistry. Dr. Tsirghiladze has served as a member of the AADSM Education Committee and chair of the AADSM Mastery Program Committee.

No conflicts of interest to disclose.



Kevin Wallace, DMD is a graduate of Washington University School of Dental Medicine in St. Louis where he received his Doctor of Dental Medicine degree in 1990. In private practice for 25 years as a general dentist in Chicago, Dr. Wallace began to treat patients with obstructive sleep apnea in 2010. Having retired from the practice of clinical dentistry in 2016, Dr. Wallace joined Midwest Dental Sleep Center in Chicago as Dental Director to concentrate solely on treating obstructive sleep apnea patients. Shortly thereafter, he obtained Diplomate status from the American Board of Dental Sleep Medicine. Dr. Wallace currently serves on the AADSM Board of Directors. ★

No conflicts of interest to disclose.



Samantha Weaver, MS, SLP has been involved with myofunctional therapy and sciences since 2009 in two clinics that specialize in breathing remediation and orofacial myofunctional therapy with children and adults. In addition to being a therapist, she is a director of the Academy of Orofacial Myofunctional Therapy (AOMT), whose curriculum leads the area of myofunctional therapy, helping facilitate the latest evidence-based research touching on breathing remediation, sleep disorders, TMJ disorders, posture, fascia-release, and frenulum inspection and surgery. She holds two Bachelors, one in Performance Studies (Northwestern University) and one in Communicative Disorders and Sciences (Utah State University), and a Masters of Science in Communicative Disorders (CSUN). Samantha is a founding board member of the Academy of Applied Myofunctional Sciences (AAMS) and passionate about educating the public at large about the application of myofunctional therapy. No conflicts of interest to disclose.



Nicholas Wilson, DDS, MS, ABGD, D. ABDSM is a graduate of the University of Colorado School of School of Dental Medicine. He has served Active Duty in the Army since 2011, where he has completed both a 1-year AEGD and a 2-year Comprehensive Dentistry residency. He currently serves as an Assistant Professor in the Postgraduate Dental College of the Uniformed Services University of the Health Sciences and the Assistant Program Director of the Comprehensive Dentistry residency in Schofield Barracks, Hawaii. No conflicts of interest to disclose.



Karen Wuertz, DDS, D. ABDSM has made it her mission to be on the cutting edge of dentistry and all the newest options available. With over 30 years of private practice clinical experience, she is passionate when sharing her knowledge in the fields of dental sleep medicine, oral restrictions, orofacial myofunctional therapy, and laser therapy. She is an Associate Professor & Group Practice Director at the UTH Health Houston, School of Dentistry, and serves on the AADSM Academic Council Steering and Mastery Program Committees. She maintains Diplomate status in dental sleep medicine with the American Board of Dental Sleep Medicine, American Board of Craniofacial Dental Sleep Medicine, American Board of Laser Surgery and Fellowship in Craniofacial Pain/TMD in the American Academy of Craniofacial Pain. Her professional accomplishments include a Doctorate of Dental Surgery, UT San Antonio Health Science Center Dental School, 1992 and General Practice Residency, Barnes-Jewish Hospital, St. Louis, Missouri, 1993. No conflicts of interest to disclose.



Ari Wulfsohn, DDS graduated from Midwestern University College of Dental Medicine and has been practicing dentistry in the Chicagoland area since 2016. She went on to develop her career in dental sleep medicine, earning Diplomate status through the American Board Of Dental Sleep Medicine in 2019. When Dr. Wulfsohn is not practicing dentistry, she enjoys traveling, painting, and spending time with her family.

No conflicts of interest to disclose.



Sowmya Ananthan, DMD is a graduate of the Rutgers School of Dental Medicine, earning both her DMD and MSD degrees there. Prior to that, she earned a Bachelor of Dental Surgery (BDS) degree from India. She is a Diplomate of the American Board of Orofacial Pain, the American Board of Dental Sleep Medicine and a Fellow of the American Academy of Orofacial Pain. Dr. Ananthan teaches in the Division of Orofacial Pain at the Rutgers School of Dental Medicine and the Assistant Program & Clinic Director of the Post-Graduate Orofacial Pain Program.

No conflicts of interest to disclose.



Daniela Vivaldi, DDS, ABOP is a Clinical Associate at Duke University and practices at Duke Innovative Pain Therapies, where she specializes in orofacial pain and obstructive sleep apnea. She is a Diplomate of both the American Board of Orofacial Pain and the American Board of Dental Sleep Medicine. She is also a Fellow of the American Academy of Orofacial Pain. Dr. Vivaldi earned her DDS from the University of Campinas (UNICAMP) in Brazil and completed her residency in Orofacial Pain at the Adams School of Dentistry at the University of North Carolina at Chapel Hill.

No conflicts of interest to disclose.



Michael Simmons, DMD is an ADA specialist in orofacial pain, an educator, researcher, publisher, advocate for dentists and above all a perpetual student, with multiple Master's degrees and fellowships, including FAASM. He has served on the board of directors of his local dental society within CDA, AADSM, California Sleep Society, American Sleep Apnea Association, Western Pain Society, etc. Dr. Simmons has written resolutions to increase dentists' engagement in sleep medicine at the CDA and ADA level. Dr. Simmons taught at UCLA's dental school for over 30 years on a variety of sleep medicine and pain management topics.

No conflicts of interest to disclose.