

PAL -The Personal Attendant for Leisure Card

What is a PAL Card?

For some people with disabilities, it is necessary to have someone's help in order to participate in recreation and leisure activities. A PAL (Personal Attendant for Leisure) Card allows persons with a disability to be accompanied by a personal attendant so that they may participate in designated City of Kitchener and City of Waterloo programs. The PAL Card:

1. Identifies that the person named on the card requires the assistance of an accompanying personal attendant. All regular program fees/registration fees apply.
2. Authorizes that the accompanying personal attendant will not be charged an additional fee.

Who is eligible for a PAL Card?

You are eligible if you meet the following 2 requirements (Statistics Canada):

1. You are a person with a disability and your disability restricts you from performing activities within the range considered normal and,
2. Your disability can NOT be eliminated by the use of a technical aid like eyeglasses.

If you have a disability but it's not permanent, you can still apply! If you just had surgery and will need assistance only for a little while you will be issued a "Temporary" PAL Card, as long as you meet the two above requirements.

Where will the PAL Card be recognized?

The following City of Kitchener and City of Waterloo programs:

- Arts, Culture, Heritage, Festivals and Special Events
- Direct Leisure Programs
- Aquatics
- Kitchener Memorial Auditorium Complex
- Golf Courses
- Arenas
- Waterloo Memorial Recreation Complex

**Neighbourhood Associations and affiliated Minor Sport groups offer programs/activities. If you are interested, please contact the respective group regarding access.

How can I get a PAL Card?

1. Complete the application on the reverse.
2. Be sure to include the names and phone numbers of TWO people for references. Both references will be contacted and will be asked the following questions ONLY.
 - a) Does the applicants disability restrict them from performing activities within the range considered normal?
 - b) Is their disability eliminated by the use of a technical aid like eyeglasses?
 - c) Is the applicants disability permanent or temporary?
3. Return the application to the address at the bottom of the application. Once the application has been approved, a PAL Card will be forwarded to you.
4. When you receive your card, sign your name on the space provided. You are now welcome to attend designated City of Kitchener and City of Waterloo programs with a personal attendant. For more information please contact:

City of Kitchener Community Services Department
Inclusion Services Office
Phone: 741-2224 (Voice), 741-2385 (TTY)

City of Waterloo 885-1220 x225



PAL CARD APPLICATION

Office Use Only:
Number: _____
Ref Contact: _____
Date Issued: _____

Please complete the following information. All information pertaining to this application is confidential.

Name: _____ Date of Birth: _____
 Address: _____ Phone: _____
 City: _____ Postal Code: _____

To determine eligibility requirements, please answer the following questions:

1. Is the disability: Permanent Temporary

2. Has the disability lasted longer than six months? Yes No

3. Is the disability eliminated by the use of a technical aid (e.g. eyeglasses?) Yes No

At present, this program does not require a medical certificate for PAL Card eligibility. However, it is necessary to have verification that the applicant has a disability, therefore, references are required. The references must be people who know that the applicant meets the criteria: for example, occupational or physio-therapist, teacher, clergy, etc. All references will be contacted by City staff before the PAL Card application is approved.

References:

1. Name: _____
 Occupation: _____ Phone: _____

2. Name: _____
 Occupation: _____ Phone: _____

The statements made above are, to the best of my knowledge, complete and accurate. I understand that City staff will contact the references and that approval of this application depends upon verification that the applicant is a person with a disability (according to Statistics Canada's definition).

Signature: _____ Date: _____
 (Signature of Applicant, Parent, Guardian, or Caregiver)

Forward completed application to:

Inclusion Services
 c/o City of Kitchener
 Community Services Department
 200 King St. W., 7th Floor
 PO Box 1118
 Kitchener, ON N2G 4G7

OR

City of Waterloo
 Recreation & Leisure Services Department
 c/o Albert McCormick Community Centre
 500 Parkside Dr.
 Waterloo ON N2L 5J4
 Attn: Lynn Dicks