

KnowMDD: Knowledge-guided Cross Contrastive Learning for Major Depressive Disorder Diagnosis

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Abstract

Major Depressive Disorder (MDD) is a prevalent and severe mental disease. Functional Magnetic Resonance Imaging (fMRI)-based diagnostic methods, which analyze Functional Connectivity (FC) to identify abnormal functional connections, have shown promise as biomarker-based approaches for diagnosing depression. However, the high costs of fMRI data result in small sample sizes, hindering the effective identification of abnormal FC patterns. Moreover, existing methods often overlook the potential benefits of incorporating domain knowledge into their models. In this paper, we propose KnowMDD, a novel knowledge-guided cross contrastive learning framework for MDD diagnosis. By incorporating domain knowledge and employing data augmentation, KnowMDD addresses data sparsity while improving robustness and interpretability. Specifically, multiple atlases are used to construct complementary brain graph representations. The default mode network, closely associated with depression, is introduced into the contrastive learning paradigm for diverse subgraph augmentations, while an attention mechanism captures global semantic relationships between brain regions. Based on them, a cross contrastive learning is designed to learn robust representations for accurate diagnosis. Extensive experiments demonstrate the effectiveness, robustness, and interpretability of KnowMDD, which outperforms state-of-the-art methods. We also develop a demonstration system to show its practical application.

1 Introduction

Major Depressive Disorder (MDD) has become a prevalent and serious mental disease, characterized by decreased energy and interest, persistent sadness, and even suicidal ideation, plans, and attempts [Li *et al.*, 2021b]. According to the World Health Organization (WHO) statistics reports, over 300 million people worldwide are affected by MDD [WHO, 2017]. In 2023, more than 75% of patients in low and middle

income countries remain untreated [WHO, 2023]. Thus, it is necessary to identify and diagnose MDD in a timely manner.

The diagnosis of depression can be categorized into subjective and non-subjective methods. Clinically, MDD diagnosis primarily relies on subjective evaluation by doctors or standardized tools [Yasin *et al.*, 2021], such as the Patient Health Questionnaire (PHQ-9) and the Hamilton Depression Scale (HAM-D). However, subjective methods have notable disadvantages, that patients may under-report their symptoms and mental state [Zhu *et al.*, 2022] due to phenomena like “social masking”. This may significantly increase the risk of misdiagnosis or missed diagnosis. In contrast, non-subjective diagnostic methods for MDD, such as electroencephalogram (EEG), magnetic resonance imaging (MRI), and heart rate variability (HRV) analysis, aim to identify MDD by analyzing the data derived from these technologies. Among them, functional Magnetic Resonance Imaging (fMRI) has attracted lots of attention due to its non-invasive characteristics and superior spatial resolution.

In the diagnosis of MDD, fMRI is a valuable tool to analyze brain activity and connectivity. By employing brain atlases to partition the brain into Regions of Interests (ROIs), fMRI measures Blood Oxygen Level Dependent (BOLD) signal fluctuations to infer functional connectivity (FC) relationships [Li *et al.*, 2019; Ji *et al.*, 2021]. FC has emerged as an effective biomarker to identify MDD [Drysdale *et al.*, 2017; Zhang *et al.*, 2023; Liu *et al.*, 2023; Cui *et al.*, 2023]. Studies have shown that MDD patients present reduced FC between the precuneus, superior occipital gyrus, and other ROIs [Stoyanov *et al.*, 2022]. Moreover, specific brain networks, like the Default Mode Network (DMN) and the Central Execution Network (CEN), show significant FC alterations among MDD patients [Yan *et al.*, 2019].

Motivation 1: Sample sparsity of fMRI data. The high cost of fMRI data acquisition leads to small sample sizes of most datasets, hindering the ability of traditional methods due to insufficient data. A critical question thus arises: *How can we effectively address data sparsity while capturing abnormal functional connectivity in MDD?* To tackle this issue, several artificial intelligence-based methods have been developed. Some methods adopt multiple brain atlases to model brain regions and utilize Graph Neural Networks (GNNs) to learn robust representations of brain networks [Yao *et al.*, 2021; Lee *et al.*, 2024]. Others employ self-supervised learn-

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ing approaches, such as generative adversarial networks, autoencoders, and contrastive learning, to augment data and enhance their learning abilities [Oh *et al.*, 2023; Noman *et al.*, 2024; Li *et al.*, 2024].

Motivation 2: Incorporation of domain knowledge. Existing models often overlook the potential benefits of incorporating domain knowledge into the model. In neuroscience, MDD studies frequently focus on the DMN, a large-scale brain network primarily comprising the dorsal medial prefrontal cortex, posterior cingulate cortex, precuneus, and angular gyrus [Buckner *et al.*, 2008]. Previous studies [Yan *et al.*, 2019] have shown that self-focused rumination of MDD, characterized by excessive focus and repetitive negative thinking, is closely associated with the DMN [Hamilton *et al.*, 2015]. This raises a question: *Can incorporating the DMN-specific knowledge into model design better capture neural activity patterns underlying self-focused rumination?* With the strong correlation between the DMN and depression, we argue that incorporating this knowledge could improve the understanding and diagnosis of MDD.

To address these challenges, we propose a knowledge-guided cross contrastive learning framework (KnowMDD) for MDD diagnosis, which adopts contrastive learning augmentation to alleviate data sparsity and introduces domain-specific knowledge into the framework to enhance both learning ability and interpretability. The framework leverages multiple brain atlases and multimodal information to construct multi-view brain graph representations. Within these graph views, the DMN is incorporated into the contrastive learning paradigm to generate diverse subgraph views for data augmentation while preserving core functional representations. Additionally, an attention mechanism is employed to learn global semantic relationship between ROIs. Finally, a cross contrastive learning strategy is utilized to learn robust representations, facilitating accurate and robust MDD diagnosis.

The main contributions of this paper are as follows:

- We propose KnowMDD, a novel framework for MDD diagnosis. This framework can accurately infer MDD status while addressing data sparsity and effectively leveraging domain knowledge.
- We design an effective cross contrastive learning-based method, which utilizes multiple brain atlases to construct brain graphs and augments graph views while preserving MDD-specific knowledge, enabling the learning of meaningful and robust representations.
- Extensive experiments validate the effectiveness, superiority, robustness, and interpretability of our KnowMDD. All the data and code are publicly available in the following repository ¹. We also develop a demonstration system to show its practical application.

2 Related Work

Machine learning techniques have been widely applied to the MDD diagnosis, using abnormal FCs as biomarkers for rapid and automatic classification. Traditional methods,

such as Support Vector Machines [Woo *et al.*, 2017], Logistic Regression [Brown and Hamarneh, 2016], and Linear Discriminant Analysis [Du *et al.*, 2018], have been employed to capture resting-state FC features, enabling hierarchical feature representations from connectome data. Upon the development in image and object classification, convolutional neural networks (CNNs) have also been used in functional network modeling, e.g. BrainNetCNN [Kawahara *et al.*, 2017] and various CNN-based models exploring abnormal FC states in brain disorders [Meszlényi *et al.*, 2017; Kam *et al.*, 2019]. However, due to the irregularity, node disorder, and heterogeneous adjacency characteristics of brain networks, deep learning models often fail to capture the intricate topological and spatial information in these networks.

In the past years, GNNs have shown promise in capturing structural information within brain networks. For instance, a hierarchical graph feature embedding method was proposed to consider both individual brain networks and global networks [Jiang *et al.*, 2020]. The STAGIN model leverages spatiotemporal attention mechanisms to learn dynamic brain connectome graphs [Kim *et al.*, 2021]. Another approach introduced a multi-scale graph convolutional network that utilizes a multi-atlas framework to co-train graph convolutional modules [Yao *et al.*, 2021]. Additionally, a multi-atlas fusion method was developed for early and late fusion, combining intra-atlas and inter-atlas relation features [Lee *et al.*, 2024]. Despite these advancements, due to the small sample size of public datasets, most of these methods demonstrate high task dependence and insufficient generalization ability, limiting their broader applicability.

Recently, self-supervised learning methods have been proposed for MDD diagnosis, leveraging their generalization capabilities. For example, the GAE-based model [Noman *et al.*, 2024] and the GC-GAN [Oh *et al.*, 2023] have been proposed to learn topological and functional connectivity patterns. Graph contrastive learning (GCL), by constructing positive and negative sample pairs, has shown effectiveness in capturing high-level representations with strong robustness and generalization. Popular methods include MGCL-ACO [Zhang *et al.*, 2023], which captures spatial similarity through adaptive channel optimization and contrastive learning (CL), and multi-modal CL-based method [Li *et al.*, 2024], which integrates multi-modal data to extract heterogeneous features. However, these work have paid limited effort to explore the potential of domain knowledge in the model design. In this work, we aim to leverage multi-atlas to generate multiple graph views, and employ contrastive learning to augment graph views while introducing domain-specific knowledge in the view augmentation process to generate diverse subgraph views for robust representation learning.

3 Method

In this section, we propose a knowledge-guided cross contrastive learning framework for MDD diagnosis, as shown in Figure 1. First, we construct the brain functional graph leveraging multiple brain atlases and multimodal information. Second, we design a knowledge-guided contrastive learning to capture global semantic relationships using an at-

¹<https://github.com/ZJUDataIntelligence/KnowMDD>

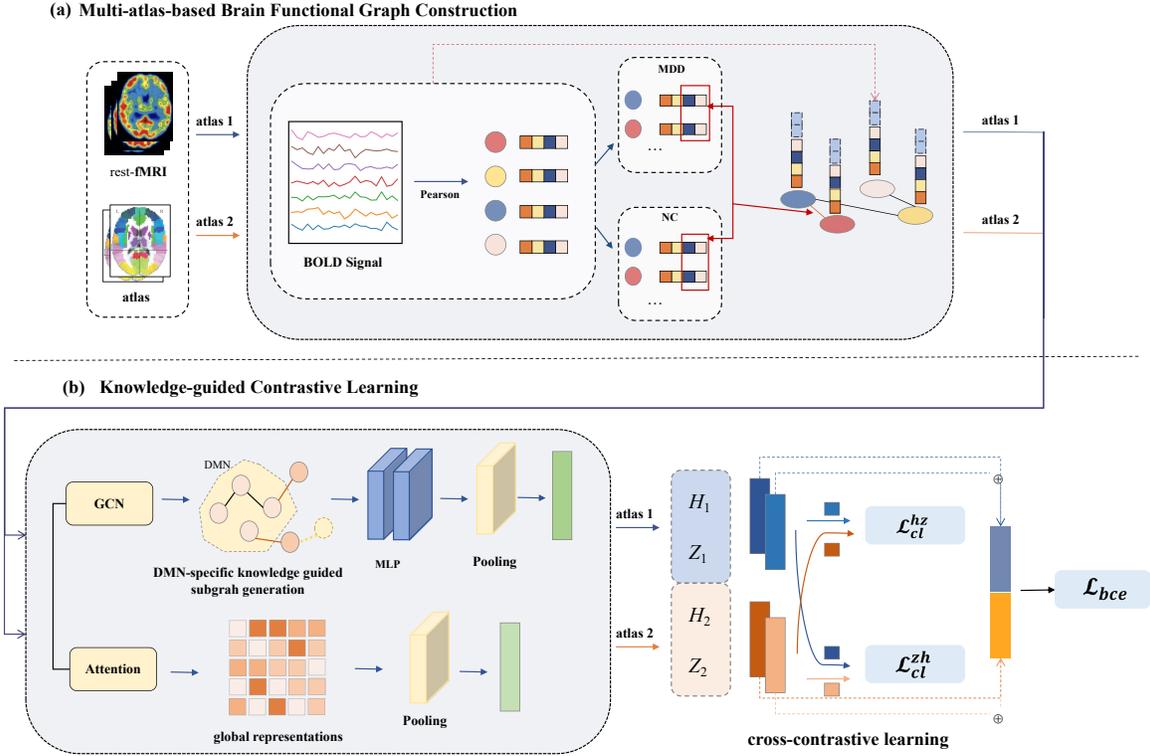


Figure 1: Overview of the proposed KnowMDD framework, consisting of two main components: (a) Multi-atlas-based Brain Functional Graph Construction: Brain functional graphs are constructed using BOLD signals extracted from multiple brain atlases. ROIs are defined as nodes, with node features representing correlation coefficients and pathological information. Edges model abnormal FC. (b) Knowledge-guided Contrastive Learning: Random walk encoding and attention encoding are performed on two brain functional graphs based on the DMN network, generating four feature vectors denoted as $[H_1, Z_1, H_2, Z_2]$, which correspond to representations derived from patients’ two brain networks. These features are then fed into the cross contrastive learning strategy for the final robust representation.

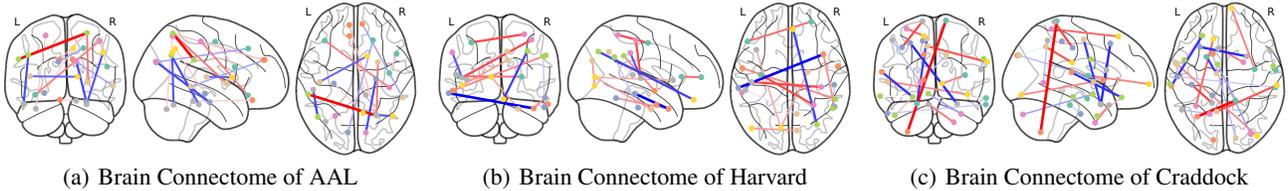


Figure 2: The brain connectome differences in FC between MDD and NC using three typical brain atlases (AAL, Harvard, and Craddock). Red indicates increased FC between pairs of ROIs in MDD compared to NC, while blue indicates decreased FC. Certain ROIs consistently exhibit enhanced or reduced connectivity across different atlases, whereas others show atlas-dependent variability in connectivity patterns.

attention mechanism and augment core graph views through incorporating domain-specific knowledge. After that, a cross contrastive learning strategy is adopted to learn the final robust representations.

3.1 Multi-atlas-based Brain Functional Graph Construction

Brain atlases, e.g. AAL [Rolls *et al.*, 2020], Harvard [Kennedy *et al.*, 1998] and Craddock [Craddock *et al.*, 2012], segment the brain into distinct ROIs based on functional or structural perspectives, as shown in Figure 2. Different atlases may offer complementary representations of specific areas or networks. Here, we adopt two atlases, denoted as $M1$ and $M2$, to generate robust graph representations.

Each preprocessed fMRI dataset is associated with these atlases, dividing the brain into N^m ROIs. FC is modeled as an undirected graph $G^m = (V^m, E^m)$, where nodes correspond to atlas-defined ROIs. Voxel-level BOLD signals within ROIs are averaged to obtain the mean BOLD sequence $B^m \in \mathbb{R}^{N^m \times T}$. For the n -th ROI, the mean BOLD signal is denoted as $B_n^m = [b_1, b_2, \dots, b_T]^T$, where T is the total number of time points in the fMRI scan. FC is determined by measuring the temporal correlation between the BOLD time series of ROIs. Two ROIs are considered functionally connected if their oxygen consumption patterns are temporally synchronized. The strength of FC is quantified by the Pearson correlation coefficient between their respective time series.

The construction of brain functional graphs is illustrated

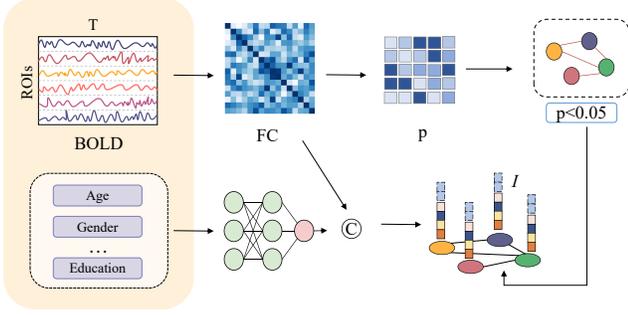


Figure 3: Flowchart of brain functional graphs construction

in Figure 3. The FC matrix $FC^m \in \mathbb{R}^{N^m \times N^m}$ is derived by the Pearson correlation coefficient, where each element $FC_{i,j}^m$ represents the FC strength between the i -th and j -th ROIs. To identify abnormal connectivity patterns in MDD, a paired t-test is performed to compare FC between normal controls (NC) and MDD, calculating the p-value for each ROI pair. Connections with a p-value below a predefined threshold (e.g. 0.05) are considered significantly different, indicating the potential abnormal FC in MDD.

Additionally, to address the clinical and pathological heterogeneity across individuals, demographic information such as age, gender, and other omics data is encoded into a feature vector $I \subseteq \mathbb{R}^{1 \times d}$, where d represents the dimensionality of pathological features. By merging the correlation coefficients FC_m with pathological features I , we construct integrated node features $X \subseteq \mathbb{R}^{N^m \times (N^m + d)}$ as shown in Equation 1. To ensure a consistent dimensionality D across graph node features, we use a multi-layer perceptron (MLP) to obtain the node features $H_m \subseteq \mathbb{R}^{N^m \times D}$.

$$X_m = \text{MLP}(\text{concat}(FC_m, I)) \quad (1)$$

Thus, we construct multiple graphs, denoted as $[G^1, G^2]$, and fuse multimodal information to augment graph representations and improve the robustness of downstream analysis.

3.2 Knowledge-guided Contrastive Learning

KnowMDD leverages the functional relevance of DMN and constructs functional subgraphs. By integrating global semantic relationships and core graph features with domain-specific knowledge, KnowMDD effectively learns the representations of abnormal brain connectivity patterns.

A self-attention module is introduced to model the varying contribution of ROIs to FC patterns. the FC_m is linearly projected to obtain the query (Q), key (K), and value (V) matrices, as defined in Equation 2, Where, $W_Q, W_K, W_V \in \mathbb{R}^{D \times D'}$ are learnable parameter matrices, where D' is the projected feature dimension.

$$[Q_m, K_m, V_m] = [FC_m W_m^Q, FC_m W_m^K, FC_m W_m^V] \quad (2)$$

The attention weight matrix and the resulting output of the attention module are calculated as shown in Equation 3.

$$A_m = \text{softmax}\left(\frac{Q_m K_m'}{\sqrt{D'}}\right), \quad (3)$$

$$Z_m = A_m V_m$$

A global mean pooling operation is then applied to aggregate the feature representations as described in Equation 4.

$$z_m = \text{pooling}(Z_m), z_m \subseteq \mathbb{R}^{1 \times D'} \quad (4)$$

Subsequently, domain knowledge is utilized to guide the identification and extraction of a biologically-based subgraph. To be specific, we employ a Graph Convolutional Network (GCN) to encode the graph G^m and capture the potential functional abnormal relationships. The functional graph integrates abnormal FC features through multiple GCN layers, with the feature update formula expressed in Equation 5.

$$K_m^{(l+1)} = \sigma(\tilde{D}^{-1/2} \tilde{A} \tilde{D}^{-1/2} K_m^{(l)} W^{(l)}) \quad (5)$$

Here, \tilde{A} is the adjacency matrix without self-loops, \tilde{D} is the degree matrix, $K_m^{(l)}$ represents the node features at the l -th layer, X_m is the initial node features, $W^{(l+1)}$ is the learnable weight matrix, and $\sigma(\cdot)$ is the non-linear activation function.

Informed by the established association between the DMN and MDD, ROIs within the DMN and those functionally connected counterparts are selected as core subgraphs. During random walk encoding, the initial set of DMN nodes V_{DMN}^m is designated as the starting nodes, and the transition probability matrix is defined in Equation 6.

$$p_{i,j}^m = e_{i,j}^m / \sum_{k \in A^m(i)} e_{i,k}^m \quad (6)$$

Here, $e_{i,j}^m$ represents the connection between nodes i and j , and $A^m(i)$ denotes the adjacency matrix for node i . The random walk paths are represented as $R = \{v_1, v_2, \dots, v_k\}$, where $v_1 \subseteq V_{DMN}^m$, and k is the random walk step length. Multiple random paths are generated from V_{DMN}^m to generate the core subgraph G_{sub}^m . An MLP and a pooling layer are then applied to extract knowledge-guided subgraph features, as denoted in Equation 7.

$$h_m = \text{pooling}(\text{MLP}(G_{sub}^m)), h_m \subseteq \mathbb{R}^{1 \times D'} \quad (7)$$

By capturing global semantic relationships and integrating biologically meaningful DMN subgraph embeddings, the patient's features under the same atlas $[h_m, z_m]$ are derived as described in Equation 7 and Equation 3.

Cross-contrastive learning is leveraged to construct multi-view, multi-atlas contrastive objectives, capture consistent discriminative features across atlases, and reduce data noise and sample scarcity. In a dataset with S patients, the fMRI data of the i -th patient generates embedding pairs from two atlases, denoted as $s^i = [h_1^i, z_1^i, h_2^i, z_2^i]$, where h_1^i and h_2^i are subgraph encoded features, and z_1^i and z_2^i are attention encoded features. In KnowMDD, features from the same patient across atlases are treated as positive pairs (e.g. $[h_1^i, z_2^i]$ and $[h_2^i, z_1^i]$), whereas features from different patients (e.g. $[h_1^i, z_2^j], i \neq j$) are treated as negative pairs. The contrastive learning losses for these pair are defined in Equation 8 and Equation 9.

$$L_{cl}^{hz} = -\frac{1}{N} \sum_{i=1}^n \log \frac{\exp(\text{sim}(h_1^i, z_2^i)/\tau)}{\sum_{j=1}^S \exp(\text{sim}(h_1^i, z_2^j)/\tau)} \quad (8)$$

Method	Acc	Sen	Spec	F1
SSGAN [Zhao <i>et al.</i> , 2020]	65.16±4.41	68.15±7.96	61.90±6.15	66.96±5.03
GAE-FCNN [Noman <i>et al.</i> , 2024]	65.07±5.56	69.74±9.09	60.00±7.16	67.29±6.22
WGAN_GP [Li <i>et al.</i> , 2021a]	65.12±3.91	67.58±6.82	62.44±5.51	66.79±4.56
GC-GAN [Oh <i>et al.</i> , 2023]	66.84±4.25	70.24±7.89	63.14±8.35	68.72±4.57
GCN	64.53±2.20	75.00±4.07	52.80±4.31	63.69±2.26
MGRL [Chu <i>et al.</i> , 2022]	64.01±3.11	63.92±6.35	64.13±6.97	64.82±3.66
MISO-DNN [Epalle <i>et al.</i> , 2021]	65.92±3.69	63.04±14.06	69.06±12.55	65.00±7.85
MMTGCN [Yao <i>et al.</i> , 2021]	66.87±3.15	68.19±9.82	65.4±5.02	67.88±6.43
Lee’s model [Lee <i>et al.</i> , 2024]	69.59±3.15	68.99±7.72	<u>70.21±4.31</u>	70.07±4.72
KnowMDD-AAL&Harvard	74.39±1.95	79.19±10.46	69.54±12.52	<u>73.88±1.71</u>
KnowMDD-AAL&Craddock	73.26±1.57	76.07±10.09	70.74±9.61	72.93±1.60
KnowMDD-Harvard&Craddock	74.57±3.13	<u>78.87±7.319</u>	69.50±10.35	74.06±3.26

Table 1: Performance comparison of our KnowMDD with different methods on Site 20. The best performance is highlighted in bold, the second-best performance is underlined.

$$L_{cl}^{zh} = -\frac{1}{N} \sum_{i=1}^n \log \frac{\exp(\text{sim}(h_2^i, z_1^i)/\tau)}{\sum_{j=1}^S \exp(\text{sim}(h_2^i, z_1^j)/\tau)} \quad (9)$$

Here, $\text{sim}(\cdot)$ denotes the cosine similarity between two embedding vectors. τ is a temperature hyperparameter that controls the smoothness of the similarity distribution. The final loss function is defined in Equation 10, where L_{bce} denotes the binary classification loss, and λ is a balancing weight. During training, the parameters of encoders, subgraph projection and predictors are iteratively updated to minimize \mathcal{L} .

$$L = \lambda(L_{cl}^{hz} + L_{cl}^{zh}) + L_{bce} \quad (10)$$

4 Experimental Results

4.1 Experimental Settings

Datasets. The rs-fMRI data used in this study are obtained from the multi-site public dataset, Rest-meta-MDD [Yan *et al.*, 2019]. We chose the dataset from Site 20 with the largest number of depression samples, with 282 MDD/251 NC.

Implementation. The model is optimized using the Adam optimizer with a batch size of 32, a learning rate of 0.0001, and a dropout rate of 0.2. In the contrastive loss computation, the temperature coefficient is fixed at 0.6. In the total loss function, the weight ratio λ is set to 0.25. Three brain atlases are utilized: the AAL [Rolls *et al.*, 2020] atlas with 116 ROIs, the Harvard [Kennedy *et al.*, 1998] atlas with 112 ROIs, and the Craddock [Craddock *et al.*, 2012] atlas with 200 ROIs.

Evaluation Metrics. The experiment employs 5-fold cross-validation and uses accuracy (Acc), sensitivity (Sen), specificity (Spec), and F1 score (F1) for performance evaluation.

Baselines. We consider 9 baselines for comparison, categorized as follows: (a) 4 self-supervised learning methods, including SSGAN [Zhao *et al.*, 2020], GAE-FCNN [Noman *et al.*, 2024], WGAN-GP [Li *et al.*, 2021a] and GC-GAN [Oh *et al.*, 2023]; and (b) 5 graph learning methods based on multi-atlas, including the GCN model, MGRL [Chu *et al.*, 2022], MISO-DNN [Epalle *et al.*, 2021], MMTGCN [Yao *et al.*, 2021] and Lee’s model [Lee *et al.*, 2024].

4.2 Baseline Comparison

The experimental results are presented in Table 1. We observe that KnowMDD demonstrates superior performance across

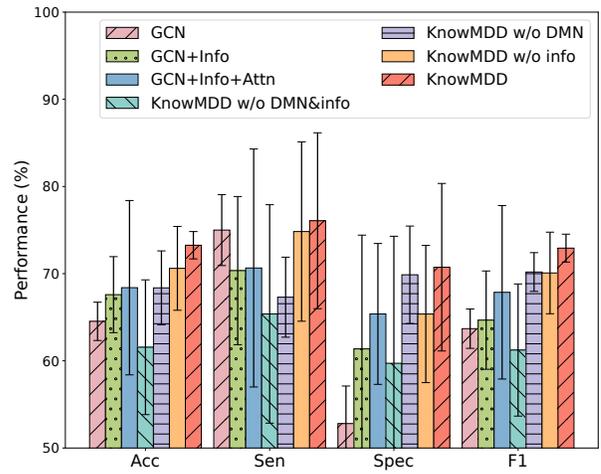


Figure 4: Ablation study

all evaluation metrics, particularly in sensitivity. This improvement is attributed to the multi-atlas cross-contrastive learning framework, which leverages domain knowledge and global semantic relationships. KnowMDD can capture the deep features and alleviate the limitations of single-atlas perspectives. Additionally, KnowMDD shows strong performance in multi-atlas fusion experiments, with the combination of Harvard and Craddock atlases achieving the best performance. This demonstrates the effectiveness of combining multi-atlas graph learning and self-supervised learning to address the challenges of limited data samples. Meanwhile, KnowMDD excels in sensitivity but its improvement in specificity is comparatively modest. This may be due to the addition of contrastive learning, which makes the model more focused on abnormal functional connectivity features, thereby enhancing its sensitivity but limiting specificity gains.

4.3 Ablation Study

To evaluate the contribution of each component, we conduct an ablation study on KnowMDD and its variants. Six variants are compared: **GCN** uses GCNs to encode and concatenate features from two atlases, **GCN+Info** adds the patient patho-

logical information as node features, **GCN+Info+Attn** introduces an attention mechanism, **KnowMDD-DMN&Info** excludes both DMN-based subgraph generation and pathological information, **KnowMDD-DMN** removes the DMN-based subgraph generation, and **KnowMDD-Info** excludes the pathological information. As shown in Figure 4, each component effectively improves MDD diagnosis. Adding patient information to GCN improves 3.06% accuracy, while its removal from KnowMDD leads to a 3.8% decrease, highlighting the importance of clinical heterogeneity. Excluding the DMN subgraph sampling module also decreases accuracy. Notably, when both domain knowledge components are removed, KnowMDD performs worse than GCN, demonstrating the significant value of domain knowledge.

4.4 Robustness Study

To further evaluate the robustness and generalizability of KnowMDD, we conduct experiments on data from three other sites with the next largest sample sizes (Site 1, 21, and 25), including 74 MDD/74 NC, 86 MDD/70 NC, and 89 MDD/63 NC, respectively. As shown in Table 2, results demonstrate KnowMDD’s robustness and effectiveness across datasets from diverse sources, validating its generalizability.

Site 1				
Method	Acc	Sen	Spec	F1
MGRL	62.87±6.55	66.43±6.69	60.88±11.91	62.66±6.51
MISO-DNN	64.21±7.86	53.70±38.58	66.98±36.59	53.55±16.54
MMTGCN	60.83±7.97	58.24±15.47	67.56±19.58	60.50±7.98
Lee’s model	60.73±11.56	59.47±14.02	61.94±16.64	60.09±12.04
KnowMDD-A&H	66.97±7.13	56.93±7.67	79.55±16.84	66.53±7.34
KnowMDD-A&C	64.25±5.05	69.85±10.41	58.55±9.23	63.55±4.86
KnowMDD-H&C	64.92±8.91	68.96±10.57	60.74±7.96	64.51±8.98
Site 21				
Method	Acc	Sen	Spec	F1
MGRL	63.81±2.99	75.50±14.27	50.81±13.37	61.41±2.32
MISO-DNN	64.54±10.11	76.54±18.14	50.04±6.05	62.47±9.20
MMTGCN	62.83±8.62	70.58±15.79	57.31±16.15	62.09±9.48
Lee’s model	63.61±9.46	63.13±12.77	64.31±11.07	63.17±9.79
KnowMDD-A&H	64.58±7.93	83.16±4.29	37.94±12.26	59.62±9.06
KnowMDD-A&C	68.41±6.91	71.05±11.52	64.72±6.25	72.17±6.72
KnowMDD-H&C	68.39±10.00	70.65±13.65	65.38±8.08	67.86±9.95
Site 25				
Method	Acc	Sen	Spec	F1
MGRL	65.18±8.83	86.93±7.45	36.97±19.64	58.97±11.31
MISO-DNN	60.83±7.97	58.24±15.47	67.56±19.58	60.50±7.98
MMTGCN	64.11±6.17	78.76±11.09	46.49±8.84	61.87±7.22
Lee’s model	63.87±9.28	66.84±8.92	59.72±16.69	68.48±6.21
KnowMDD-A&H	67.10±4.71	66.64±8.98	68.05±11.28	70.17±3.87
KnowMDD-A&C	67.72±10.04	76.16±16.65	56.23±12.89	65.59±9.74
KnowMDD-H&C	68.47±16.75	93.74±7.74	37.57±26.79	61.72±20.83

Table 2: Baseline comparison across different datasets.

4.5 Transferability Study

We further evaluate the transferability of KnowMDD by directly applying the model trained on Site 20 to datasets from Site 21 and Site 25, which having different data distribution. From Table 3, KnowMDD achieves accuracies of 64.10% and 67.11% on datasets with different population distributions. This strong performance is attributed to the integration of pathological information and contrastive learning, which significantly mitigates noise in small datasets and demonstrates adaptability to heterogeneous populations.

Sites	Atlas	Acc	Sen	Spec	F1
S21	AAL&Harvard	64.10	74.42	51.43	62.91
	AAL&Craddock	63.46	73.26	51.43	62.33
	Harvard&Craddock	64.10	60.47	68.57	64.08
S25	AAL&Harvard	67.11	84.27	42.86	63.46
	AAL&Craddock	67.11	79.78	49.21	64.66
	Harvard&Craddock	65.13	50.56	85.71	65.01

Table 3: Transferability performance of KnowMDD.

4.6 Hyperparameters Analysis

We analyze the impact of hyperparameters in KnowMDD, including the step size of random walks k and learning rate lr . We vary k from 2 to 8, with the results shown in Figure 5(a). Results reveal that the optimal k differs across atlas fusions: $k = 6$ for AAL&Harvard and Harvard&Craddock, while $k = 3$ for AAL&Craddock. Similarly, the learning rate lr is analyzed by different values, as shown in Figure 5(b). The results indicate that the highest accuracy is achieved when $lr = 0.001$. Increasing the lr to 0.01 or decreasing it to 0.0001 leads to a significant decline in performance.

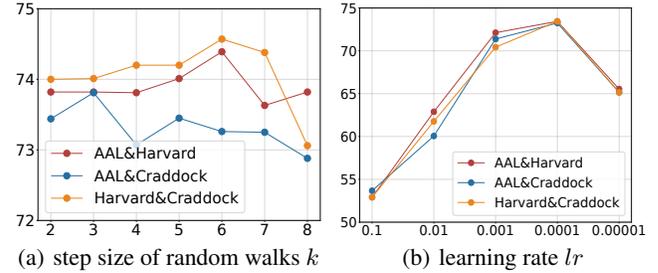


Figure 5: Hyperparameters study for KnowMDD

4.7 Discussion

Significance analysis of ROIs in DMN. Analyzing FC differences between individuals with MDD and NC is critical for identifying potential biomarkers for MDD diagnosis. Using the AAL, Harvard, and Craddock atlases, we compare FC differences between ROIs with higher p-values, as shown in Figure 6. The chord diagram highlights significant FC differences, with numerous arcs connecting DMN ROIs to other regions, indicating the DMN’s importance in MDD diagnosis. ROIs such as PCUN, Angular, and PHG in the AAL atlas, as well as L-AG, R-AG, L-apPHG, and L-aMTG in the Harvard atlas, show strong connections. These findings suggest MDD is characterized by abnormal FC within the DMN, especially in regions related to memory, emotion regulation, and self-reflection (e.g., PCUN, Angular, PHG, and MTG).

Significance analysis of attention module. We visualize the top 20% ROIs with the highest attention weights in the Harvard&Craddock atlases, as shown in Figure 7. Compared to the FC changes in Figure 2, the attention module assigns higher weights to most abnormal connections, revealing the varying functional significance of brain regions in depression. Besides, differences in activation patterns are observed between the left and right hemispheres. Certain areas exhibit symmetric activation, while others show asymmetry, potentially

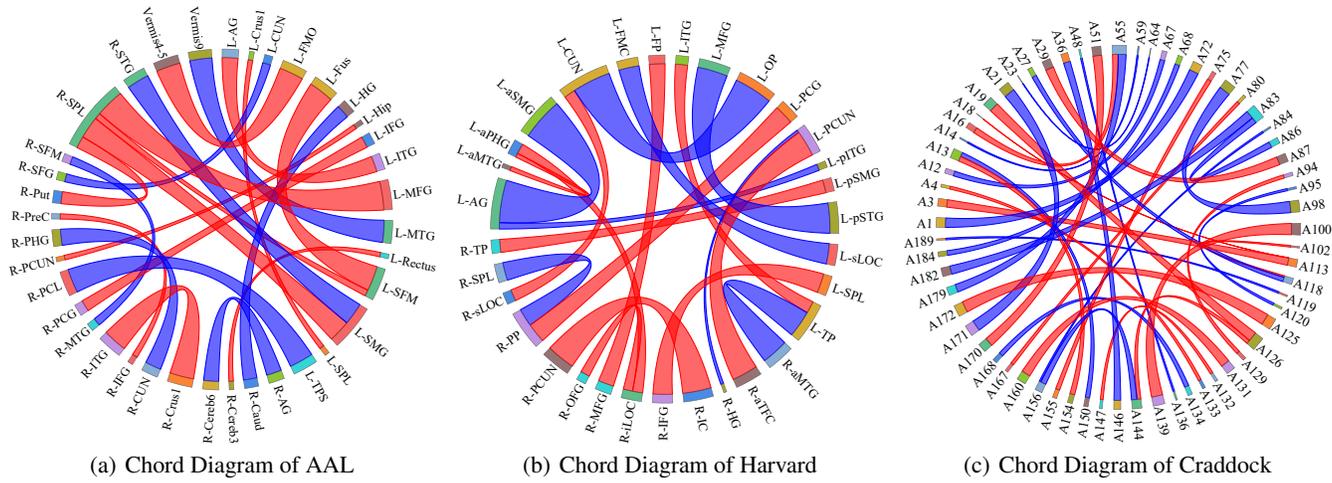


Figure 6: FC differences between ROIs with higher p-values, under the AAL, Harvard, and Craddock atlas. Red arcs represent increased FC, and blue arcs represent reduced FC. This highlights abnormal FC within DMN, emphasizing its importance in MDD diagnosis.

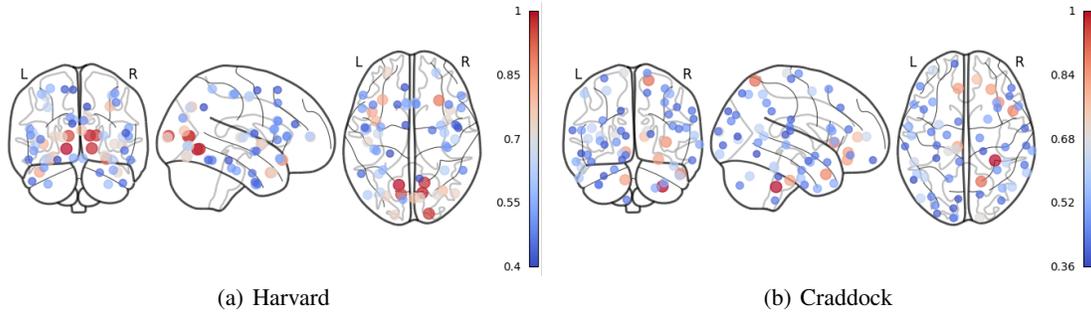


Figure 7: Visualization of top 20% ROIs with the highest attention weights, highlighting the differing functional significance of ROIs in MDD diagnosis and reflecting the lateralization of brain functions.

reflecting brain functional lateralization. These findings underscore the critical role of the attention mechanism.

4.8 Demonstration System

To explore KnowMDD’s usability, we develop a demonstration system for MDD diagnosis, as shown in Figure 8. Users can upload fMRI data via the “upload” button and process BOLD sequences via the “BOLD upload” button. By clicking the “Prediction” button and selecting an atlas from the dropdown menu, users can view FC differences between the patient and the average of NC, along with the final prediction result and a detailed diagnostic analysis. This system has been trialed in local hospitals as a diagnostic reference tool.

5 Conclusion

In this paper, we propose a novel method *KnowMDD* for major depressive disorder diagnosis. This is a knowledge-guided cross-contrastive learning model that employ contrastive learning paradigm incorporating domain-specific knowledge, to alleviate data sparsity and improve robustness and interpretability. Multiple atlases are used for multi-view graph representation learning. By embedding domain-specific knowledge, multimodal information is used to alleviate clinical heterogeneity, and the DMN is incorporated into the

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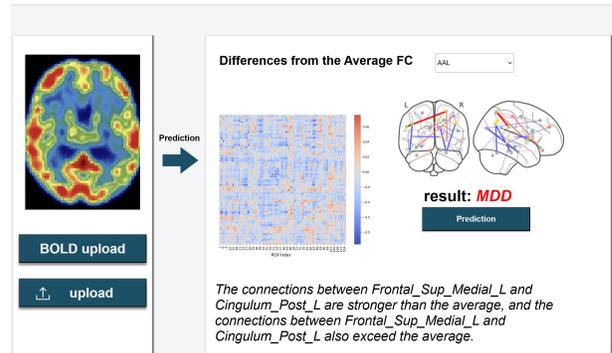


Figure 8: The demonstration system for MDD diagnosis

contrastive learning paradigm to generate diverse subgraph views for data augmentation. KnowMDD offers a more scientifically grounded MDD diagnosis. Extensive experiments demonstrate the effectiveness, robustness, and interpretability of our method. We also develop a demonstration system to show the practical application, making a promising step toward the real-world deployment of accurate and reliable MDD diagnostic tools.

Acknowledgments

This work was supported by the National Key Research and Development Program of China (No.2024YDLN0005), the “Pioneer” and “Leading Goose” R&D Program of Zhejiang (No.2025C02068), the Natural Science Foundation of Zhejiang Province (No.LTGG24F020002, LY24F020013), the National Natural Science Foundation of China (No.62102349, 82401786), and the Scientific Research Cultivation Fund of Hangzhou City University (No.J-202404). The authors would like to acknowledge the Supercomputing Center of Hangzhou City University, for the support of advanced computing resources, and the Nanhu Brain-Computer Interface Institute for their valuable support and collaboration.

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