

Parent Education and Family Support cont.

Neighborhood Place

O'AHU

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| Waianae..... | 696-4598 |
| Kalihi..... | 841-6177 |

BIG ISLAND

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| Kona..... | 331-8777 |
| Puna..... | 965-5550 |

P.A.R.E.N.T.S (Parent Education Groups)

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| O'ahu..... | 235-0255 |
| E Hawai'i..... | 934-9552 |

Parents And Children Together (PACT)

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| O'ahu..... | 847-3285 |
| Hawai'i..... | 961-0570 |

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| Maui..... | 243-7001 |
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| Kaua'i..... | 821-0574 |
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| PACT Family Peace Center (O'ahu) | 832-0855 |
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| Maui (PACT)..... | 243-7001 |
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| Hawai'i Children's Action Network (O'ahu) | 531-5502 |
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Maui County Early Childhood

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| Resource Center..... | 242-1608 |
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Your 'Ohana Network (Home Visiting)

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| O'ahu (CCH)..... | 527-4690 / 527-4681 |
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| E. Hawai'i (YWCA)..... | 930-5727 |
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| W. Hawai'i, Maui, & Kaua'i (KOKA)..... | 244-4144 |
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| Lāna'i (MFSS)..... | 242-0900 |
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|-------------------------|-------------------|
| Moloka'i (INPEACE)..... | 560-0335 ext. 335 |
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Family Centers

O'AHU

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|---------------------------------|----------|
| Kahalua'u (K.E.Y. Project)..... | 239-5777 |
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| Kāne'ohe (PACT)..... | 235-7747 |
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| Kūhiō Park Terrace (PACT)..... | 841-6177 |
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BIG ISLAND

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| Waimea..... | 885-0086 |
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KAUAI

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| Hanalei Community Center..... | 826-1011 |
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| Kaua'i (CFS) Hale Ho'omalua..... | 821-2520 |
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| Waimea (CFS) Nana's House..... | 338-0252 |
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Partner's In Development Foundation

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| Tūtū and Me Traveling Preschool..... | 524-7633 |
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NEIGHBOR ISLANDS

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|-----------------|----------|
| E. Hawai'i..... | 934-7476 |
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| N. Hawai'i..... | 885-1200 |
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| W. Hawai'i..... | 327-9327 |
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| Kaua'i..... | 822-4280 |
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| Maui..... | 249-2430 |
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| Moloka'i..... | 658-0100 |
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| Ka Pa'alana Program..... | 596-8711 |
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DOH Early Intervention Section

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| O'ahu..... | 594-0066 |
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| Neighbor Islands..... | 1-800-235-5477 |
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| Family Hui Hawai'i..... | 230-7112 |
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Child Care, Preschool and Play Activities cont.

YMCA

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| O'ahu..... | 531-3558 |
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| E. Hawai'i..... | 935-3721 |
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| Kaua'i..... | 246-9090 |
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| Maui..... | 242-9007 |
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YWCA

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| O'ahu..... | 538-7061 |
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| E. Hawai'i..... | 935-7141 |
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| Kaua'i..... | 245-5959 |
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Specific Concerns

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| Aloha United Way 2-1-1 | 211 |
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| Coalition For A Drug-Free Hawaii | 545-3228 |
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| Neighbor Islands..... | 1-800-845-1946 |
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| Hina Mauka | 236-2600 |
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| Early Intervention Referral Line | 594-0066 |
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| Jewish Community Services | 258-7121 |
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Leadership in Disabilities and Achievements of

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| Hawai'i | 536-9684 |
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| Hawai'i CARES | 988 / 832-3100 |
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| Legal Aid Society of Hawai'i | 536-4302 |
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| Neighbor Islands..... | 1-800-499-4302 |
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| Shriners Hospitals for Children | 951-3620 |
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| Special Parent Information Network | 586-8126 |
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| Mālama Family Recovery Services | 668-2277 |
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| Women's Way | 739-4952 |
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| The PATH Clinic | 791-9390 |
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| Telecommunications Relay Services | 877-447-5990 |
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Parents And Children Together (PACT)

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| DHS Family Strengthening Services..... | 841-2245 |
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| DHS Voluntary Case Management..... | 628-5735 |
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| Legal Line - HBSA (Wed. from 6pm-7pm) | 537-1868 |
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| Helping Hands Hawai'i | 536-7234 ext. 832 |
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Services for Military Families

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| Military One Source | 1-800-342-9647 |
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Armed Services YMCA

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| Schofield/Wheeler..... | 624-5645 |
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| Kāne'ohe..... | 254-4719 |
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| Pearl Harbor..... | 473-3398 |
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Family Services/Support

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|---------------------------|----------|
| Mental Health Clinic..... | 448-6377 |
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| Military and Family Support..... | 474-1999 |
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Army Community Services

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| Schofield..... | 787-4227 |
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| Coast Guard Family Resource Specialist..... | 842-2089 |
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| New Parent Support (Kāne'ohe MCBH)..... | 257-7780 |
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| Navy/Marine Corps Relief Nurse | 473-0282 |
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The Steven A. Cohen Military Family Clinic at Child &

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| Family Service | 204-4020 |
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The Parent Line

Funded by the Hawai'i State Department of Health, Maternal and Child Health Branch

Resource Directory

FOR PARENTS OF YOUNG CHILDREN AT A GLANCE

The Parent Line is Hawai'i's premier resource on child behavior, child development, parenting support, and community resources.

FOR INFORMATION, PLEASE CONTACT

O'ahu: (808) 526-1222

Neighbor Islands: 1-800-816-1222

Monday-Friday - 9AM-7PM

Saturday-Sunday - 9AM-2PM

www.theparentline.org



The Parent Line



@theparentline

EMERGENCY SERVICES

General Emergency: 911

Suicide & Crisis Lifeline: 988
Poison Center: 1-800-222-1222



Child & Family
SERVICE

A private nonprofit serving Hawai'i since 1999

Funded by the Hawai'i State Department of Health, Maternal and Child Health Branch

We provide access to our activities without regard to race, color, national origin (including language), age, sex, religion or disability. Write or call our Affirmative Action Office at Box 3378, Honolulu, HI 96801-3378 or at (808) 586-4616 (voice) within 180 days of problem.

Crisis Services

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| Access Adult Mental Health Division 24-hour Suicide Crisis Line | 988 / 832-3100 |
| Statewide (Toll-Free) | 1-800-753-6879 |
| Child Welfare Services | |
| O'ahu (24-hours)..... | 832-5300 |
| Statewide (Toll-Free)..... | 1-888-380-3088 |
| Child Help USA (24-hours) | |
| Child Abuse Hotline..... | 1-800-422-4453 |
| Child and Family Service | |
| Domestic Violence Hotline..... | 841-0822 |
| Domestic Violence Action Center..... | 531-3771 |
| Hale Kipa | |
| O'ahu..... | 589-1829 |
| Sex Abuse Treatment Center | 535-7600 |
| 24-hour Hotline..... | 524-7273 |
| Sex Assault Support Services | |
| Big Island (24-hour Hotline)..... | 935-0677 |
| Kaua'i (24-hour Hotline)..... | 245-4144 |
| Maui (24-hour Hotline)..... | 873-8624 |
| Human Trafficking of Children | 832-1999 |
| Statewide (Toll-Free)..... | 1-888-398-1188 |
| Shelter and Crisis Lines for Family Violence | |
| O'AHU (24-hours) | |
| Honolulu & Leeward..... | 841-0822 |
| Parents And Children Together (PACT) | |
| Windward Ohi'a Shelter..... | 526-2200 |
| NEIGHBOR ISLANDS | |
| E. Hawai'i..... | 959-8864 |
| W. Hawai'i..... | 322-7233 |
| Kaua'i..... | 245-6362 |
| Maui..... | 579-9581 |
| Moloka'i..... | 567-6888 |
| National Domestic Violence Hotline | 1-800-799-7233 |
| Department of Human Services Adult Protection Services Hotline | 832-5115 |

Parent Education and Family Support

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| Catholic Charities Hawai'i | |
| O'ahu..... | 521-4357 / 524-4673 |
| E. Hawai'i..... | 961-7050 / 935-4673 |
| Maui..... | 873-4673 |
| E. Kaua'i..... | 241-4673 |
| Child and Family Service | |
| O'ahu..... | 681-3500 |
| E. Hawai'i..... | 935-2188 |
| W. Hawai'i..... | 323-2664 |
| Maui..... | 877-6888 |
| Kaua'i..... | 245-5914 |
| Moloka'i..... | 553-5529 |
| Developing Options to Violence | |
| O'ahu (CFS - Support for Victims)..... | 532-5100 |
| Maui Family Support Services | 242-0900 |
| Keiki Central | auw211.org/s/keiki-central |
| Healthy Mothers Healthy Babies | 737-5805 |

Parent Education and Family Support cont.

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| Lili'uokalani Trust | |
| O'ahu..... | 203-6150 |
| Malama Line..... | 524-7633 |
| E. Hawai'i..... | 935-9381 |
| W. Hawai'i..... | 329-7336 |
| Kaua'i..... | 245-1873 |
| Lāna'i..... | 235-7613 |
| Maui..... | 242-8888 |
| Moloka'i..... | 466-8005 |

Health, Nutrition, and Family Planning

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| American Red Cross | |
| Infant CPR Classes/Training..... | 734-2101 |
| E. Hawai'i..... | 935-8305 |
| Maui..... | 244-0051 |
| U.S. Consumer Products Safety Commission Hotline | 1-800-638-2772 |
| Department of Health (Birth, Marriage, Divorce, and Death Certificate) | |
| O'ahu..... | 586-4542 |
| Hawai'i..... | 974-6008 |
| Kaua'i..... | 241-3498 |
| Maui & Lāna'i..... | 984-8210 / 553-7870 |
| Moloka'i..... | 553-7870 |
| Information Line..... | 586-4400 |
| Hawaii Mothers' Milk, Inc. | 949-1723 |
| Keiki Injury Prevention Coalition | 983-6800 |
| Kokua Kalihi Valley | 791-9400 ext. 423 |
| La Leche League | 1-877-452-5324 |
| Mary Jane Program | 261-9776 |
| Med-QUEST | 587-3521 |
| O'ahu..... | 587-3540 |
| Kapolei..... | 692-7364 |
| NEIGHBOR ISLANDS | |
| E. Hawai'i..... | 933-0339 |
| W. Hawai'i..... | 327-4970 |
| Kaua'i..... | 241-3575 |
| Maui..... | 243-5780 / 1-800-894-5755 |
| Moloka'i..... | 553-1758 |
| National Lead Information Center | 1-800-424-5323 |
| WIC (DOH) | 586-8175 |
| Healthy Mothers Healthy Babies | 737-5805 |
| Hawai'i Food Bank | 836-3600 |
| Kaua'i..... | 482-2224 |
| E.Hawai'i (The Food Basket)..... | 933-6030 |
| Public Health Nursing Section | |
| O'AHU | |
| E. Honolulu..... | 733-9220 |
| W. Honolulu..... | 832-5757 |
| Central..... | 453-6190 |
| Leeward..... | 675-0073 |
| Windward..... | 233-5450 |

Health, Nutrition, and Family Planning cont.

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| Public Health Nursing Section (cont.) | |
| NEIGHBOR ISLANDS | |
| E. Hawai'i..... | 974-6025 |
| W. Hawai'i..... | 322-1500 |
| Kaua'i..... | 241-3387 |
| Maui..... | 984-8260 |
| Moloka'i..... | 553-7880 |
| Lāna'i..... | 565-7114 |

Immigrant and Refugee Services

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| Helping Hands Hawai'i (Bilingual Access Line) | 526-9724 |
| Goodwill Industries Inc (Employment) | 792-8555 |
| Child and Family Service (Employment Core Services for Refugees) | 543-8436 |
| Kalihi-Pālama Health Center | |
| Medical services..... | 848-1438 |
| Dental Services..... | 845-0686 |
| Optometry Services..... | 792-5599 |
| Pacific Gateway Center | 851-7010 |
| Trafficking Victim Assistance Program | |
| Susannah Wesley Community Center | 847-1535 |

Child Care, Preschool and Play Activities

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| Child Care Subsidy Unit (DHS) | |
| Information Line..... | 1-855-643-1643 |
| Early Head Start & Head Start | |
| O'ahu (HCAP)..... | 847-2400 |
| Kalihi (PACT)..... | 842-5996 |
| NEIGHBOR ISLANDS | |
| Hawai'i (PACT)..... | 961-0570 |
| Kaua'i (CFS)..... | 245-5914 |
| Maui (MEO)..... | 249-2988 |
| Moloka'i (MEO)..... | 553-3727 |
| P.A.T.C.H. (Child Care Referrals) | 839-1988 |
| E. Hawai'i..... | 961-3169 |
| W. Hawai'i..... | 322-3500 |
| Kaua'i..... | 246-0622 |
| Maui, Lāna'i & Moloka'i..... | 242-9232 |
| Keiki O Ka ' Āina | 843-2502 |
| INPEACE - Keiki Steps | 693-7222 |
| E. Hawai'i..... | 933-2933 |
| Preschool Open Doors (DHS) | 791-2130 |
| Neighbor Islands (Toll-free) | 1-800-746-5620 |
| Tiny Tots Program - O'AHU (Dept. of Parks and Rec.) | |
| Hawai'i Kai to McCully..... | 768-8944 |
| Makiki to Aiea..... | 768-9292 |
| Pearl City to Wahiawa..... | 768-7940 |
| Waipahu to Waianae..... | 768-6889 |
| Waiialua to Waimanalo..... | 768-8987 |